

Cardiovascular and pulmonary health effects of air pollution

Long-term effects in Sweden and effects of wood smoke

The air we breathe, the water we drink and the food we eat – what can be more fundamental to our existence? Environmental medicine studies how our surrounding environment affects our health, in order to reduce harm and improve public health. The greatest environmental health risk is air pollution, causing millions of premature deaths each year globally. This dissertation studies the health effects of ambient long term air pollution in Gothenburg, Sweden, and short-term effects of wood smoke from a common wood stove. For all the details and the findings you need to open the book and read it (you might even enjoy it).

To know what to do you only have to read this: We need to make great efforts to reduce emissions of air pollution, because this will have a major positive impact on global public health.



Leo Stockfelt is a resident MD at the Department of Occupational and Environmental medicine at Sahlgrenska University Hospital, researching the health effects of air pollution and other environmental factors.

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