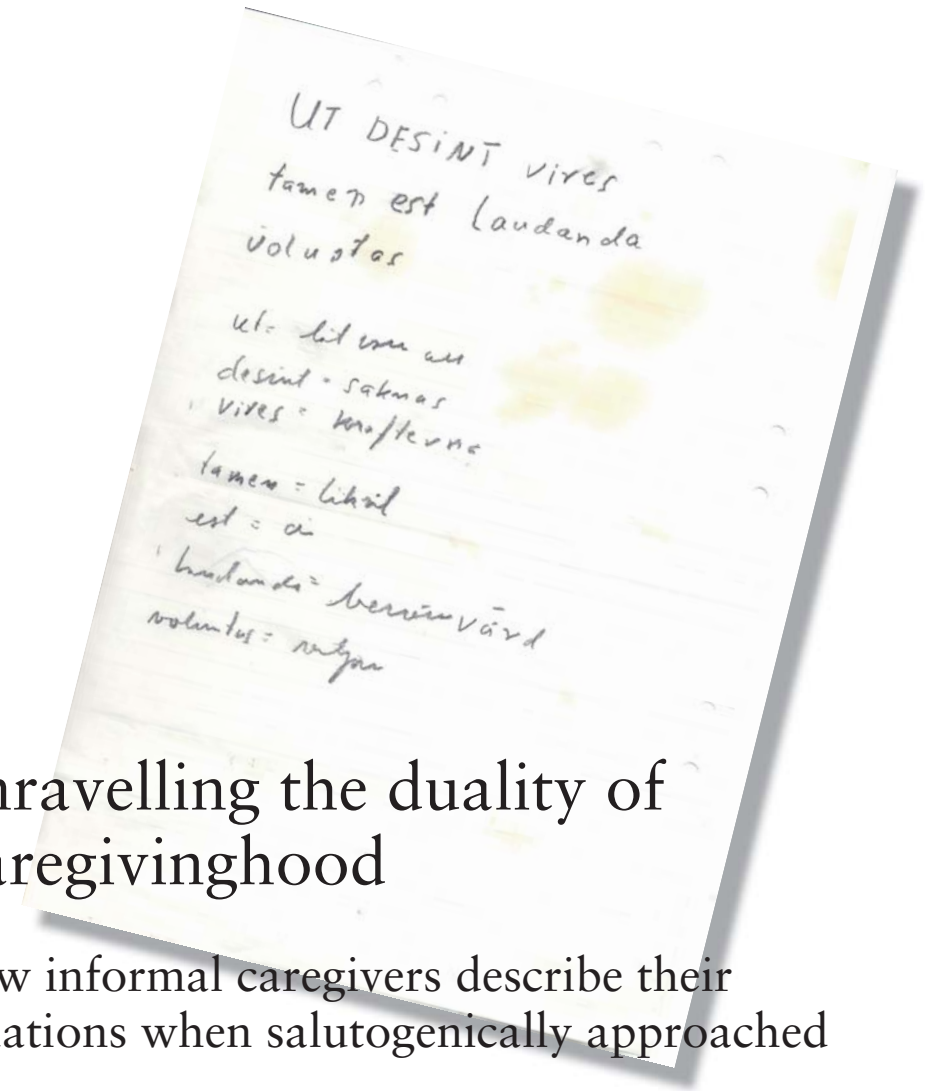




Caregiving at its best;
Mutual trust, love,
balance and support
in empowering
surroundings.
(Grandchild and dementia
affected grandfather. Author's
private photo, 2008)



Unravelling the duality of Caregivinghood

How informal caregivers describe their
situations when salutogenically approached

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