

Inhale/Exhale

Solo

11

21

B \flat F/A Cm Gm F B \flat

28

F/A Cm Gm F B \flat F/A

Take a deep breath, fo-cus on what you know. Don't be a-fraid,

33

Cm Gm F B \flat F/A Cm Gm F

make sure you take it slow.. Mo-ments like these where your life seems to be stan-ding

39

F B \flat F/A Gm

still, they come, but they al-so go all-though it may feel like an end-less up-hill.

44

F Dm E \flat F B \flat F/A

Just in - hale. Do not for-get all the trials you pushed through to be where you are. Now ex -

50

Gm F E \flat F G \flat A \flat B \flat B \flat

hale your fear. Just in - hale I know that you'restrug-gling to see an

56

F/A Cm F B \flat

end to this puz-zle, but don't for - get to breathe. Now I know that this life

60

F/A Cm Gm F E \flat

can be hard. You'll meet thou-sands of hur-dles you'd ne-ver ex-pect. But you'll be alright.

— You will tear down those hur-dles and break your way through if you just in -
make
find out

64 F B \flat F/A G m F E \flat
 hale. Un - tie the knots that have kept you from go ing where you need to go. Ex -

68 F (Re - lease) all the E \flat be ing who D/ \sharp want be.
 do ing what do

74 G m F E \flat F G \flat A \flat B \flat
 hale your doubt J - u - st I n - hale. Trust in the path and the pro - cess of

79 F \sharp D/ \sharp /G G \sharp
 the un - known and don't for - get to breathe

82 C \sharp /E \sharp F \sharp D/ \sharp /G G \sharp
 in and breathe out when you're stuck in your doubt. Have you tried yet to shout just to

86 C \sharp /E \sharp F \sharp D/ \sharp /G
 see what it all was a bout or what for? If you're down on the floor when it's start ing to pour are you

89 G \sharp C \sharp /E \sharp F \sharp
 try - ing to find the next door to the sky? Have you tried yet to fly, gone so

92 D/ \sharp /G G \sharp E \sharp /A
 high you could cry 'cause you're just too af - raid you might die and just leave. Ma - king

95 A \sharp m G \sharp D/ \sharp /G F \sharp B A D C \sharp G \sharp /B \sharp B A D
 eve - ry - one grieve 'cause you for - got to breathe. If you for - get to breathe you won't

103 C \sharp G \sharp /B \sharp B A D C F E B/D \sharp D
 find what you're loo - king for. Now step back and just in - hale

111 C F E B/D \sharp D C F E \flat A \flat G G