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**GLIAL HEMICHANNELS  
A NEW ROUTE FOR CHEMICAL COMMUNICATION IN BRAIN**

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## ABSTRACT

The extracellular neurochemistry determines normal brain function and the faith of neurons after insults such as stroke. This thesis concerns the effect of extracellular events related to intense neuronal stimulation and stroke, i.e. over-activation of glutamate-receptors and dramatically decreased extracellular  $\text{Ca}^{2+}$ -concentrations, on efflux of neurotoxic and neuroprotective substances. The use of cultured slices of rat hippocampus enabled parallel analysis of efflux in combination with determination of delayed nerve cell death after brief (5 min) overactivation of NMDA-receptors or omission of extracellular  $\text{Ca}^{2+}$  for 15 min. Efflux by NMDA-receptor stimulation was selective and dominated by N-acetylaspartate, the antioxidant glutathione, phosphoethanolamine, taurine and hypotaurine. The efflux induced by concentration at and above 60  $\mu\text{M}$  NMDA was paralleled by delayed neurotoxicity 24 h later. The efflux pathway is still unknown but does not appear to involve hemichannels, the  $\text{Ca}^{2+}$ -calmodulin dependent kinase II or NO-synthesis.

Efflux activated by omission of extracellular  $\text{Ca}^{2+}$  for 15 min caused an efflux pattern from cultured slices that was dominated by glutathione but lacked N-acetylaspartate, indicating efflux originating from glial cells. This efflux was blocked by gap junction blockers, carbenoxolone, flufenamic acid and endothelin-1, which indicated efflux from activated so called hemichannels (half gap junctions). The involvement of hemichannels was further strengthened by the inhibitory effect of a mimetic/blocking peptide for Cx43, the major connexin-protein in astroglial cells. Inhibitors of other putative channels, the P2X<sub>7</sub>-receptor and pannexin hemichannels, were without effect. Volume regulated channels were probably not involved as hypertonic medium did not reduce the efflux stimulated by omission of extracellular  $\text{Ca}^{2+}$ . The efflux was mainly of glial origin as cultured slices in which neurons had been degenerated showed similar efflux pattern by omission of  $\text{Ca}^{2+}$ . These results together showed that omission of extracellular  $\text{Ca}^{2+}$  activate opening of glial connexin hemichannels. Omission of extracellular  $\text{Ca}^{2+}$  did not induce delayed nerve cell death as long as glutamate uptake was intact. However, using glutamate uptake blockers revealed that opening of glial hemichannels resulted in glutamate efflux which caused delayed neurotoxicity and efflux of N-acetylaspartate, i.e. effects similar to that induced by NMDA-receptor overactivation. In another set of experiments the efflux induced by  $\text{Ca}^{2+}$ -omission from primary astroglial cultures was characterized. Using inhibitors for P2X<sub>7</sub>-receptors, gap junctions and connexin hemichannels demonstrated efflux of the neuroprotective substance adenosine via connexin hemichannels. It was also shown that curcumin, an agent which activate a transcription factor which in turn induce transcription of a multi-fold of antioxidant genes, dramatically increase both efflux and intracellular levels of glutathione.

The main finding of the work is that opening of astroglial connexin hemichannel cause efflux of neuroprotective substances. However, opening of hemichannels in conditions with reduced capacity for glutamate uptake, such as stroke, can cause additional neurotoxicity.

## POPULÄRVETENSKAPLIG SAMMANFATTNING

Hjärnan är det mest komplexa biologiska struktur vi känner till och dess funktion är till stora delar fortfarande okänd. En sak vet man dock, den normala hjärnans funktion är till stor del beroende av den kemiska sammansättningen av den vätska som finns i det extracellulära utrymmet, det vill säga i mellanrummet mellan cellerna i hjärnan. Även om det oftast är nervceller man förknippar med hjärnans funktion, är det faktiskt en annan celltyp det finns flest av, nämligen astrocyterna. Astrocyter tillhör en grupp celler som går under benämningen gliaceller. Ordet glia kommer från det grekiska ordet för lim och länge trodde man att astrogliacellerna var "limmet" som höll ihop nervcellerna. Idag vet man att astrocyter fyller många fler funktioner än så. Det har till exempel visats sig att astrocyterna kan hjälpa till att förse nervcellerna med näring och att de kan känna av och svara på ändringar i nervcellsaktivitet runt sig. En speciell egenskap som astrocyterna har, är att de är sammankopplade i stora nätverk med hjälp av så kallade gap junction. Dessa kanaler, som utgörs av proteiner vid namn connexiner, möjliggör transport av många viktiga ämnen och signalmolekyler mellan cellerna. Det finns även connexinkanaler som inte binder samman celler utan öppnar sig ut mot det extracellulära utrymmet. Dessa halva gap junctions kallas för hemikanaler.

Denna avhandling fokuserar på hur den extracellulära kemin påverkas av situationer som kan uppkomma vid stroke och vid intensiv neuronal signalering, närmare bestämt överaktivering av glutamatreceptorer i hjärnan och låga halter av extracellulärt kalcium. Vi har genom studier på odlade hjärnskivor visat att stimulering av glutamatreceptorer av NMDA-typ ger ett kraftigt utflöde av antioxidanten glutation, den neuronspecifika aminosyran N-acetylaspartat och ett flertal andra aminosyror. Stimulering av NMDA-receptorer orsakade en fördröjd skada på neuronerna i hjärnskivorna och graden av cellskada 24 h efter försöket korrelerade intressant nog med utflödet av glutation och N-acetylaspartat. När vi utsatte de odlade hjärnskivorna eller odlade astrocyter för drastiskt reducerade kalcium-nivåer extracellulärt fann vi återigen ett utflöde av glutation och flera aminosyror. Däremot ökade inte utflödet av N-acetylaspartat från hjärnskivorna, vilket tyder på att utflödet främst kommer från astrocyterna. Behandlingen orsakade ingen cellskada. Däremot när hjärnskivorna utsattes för minskat extracellulärt kalcium samtidigt som astrocyternas glutamat-återupptagsmaskineri hämmats, orsakade behandlingen en cellskada som liknade den som uppkom 24 h efter stimulering av NMDA-receptorerna. En kraftig ökning av de extracellulära glutamatkoncentrationerna kunde också påvisas. Utflödet som orsakades av låga extracellulära kalciumnivåer blockerades av antagonister mot gap junction kanaler och beror till största sannolikhet på öppning av halva gap junctions, hemikanaler.

Frisättning av glutation har visat sig ha nervskyddande egenskaper. Det är möjligt att hemikanalsöppning och frisättning av glutation kan vara ett sätt att hjälpa neuronerna att klara sig under situationer av oxidativ stress. Vi har visat att man kan öka både de intracellulära mängderna och frisättningen av glutation med hjälp av curcumin som finns i gurkmeja. Astrocyterna frisätter även ett annat ämne med skyddande egenskaper vid lågt extracellulärt kalcium, nämligen adenosin. Dessa resultat leder till slutsatsen att hemikanalsöppning kan ha en skyddande effekt på nervceller genom att förse dem med glutation och adenosin. Om astrocyternas funktion däremot är störd och de inte kan ta upp glutamat lika effektivt som normalt, kan hemikanalsöppning och glutamatutflöde leda till överaktivering av NMDA-receptorer och nervcellsöd.

## LIST OF PUBLICATIONS

The thesis is based on the following papers, which will be referred to in the text by their roman numerals:

- I. Mattias Tranberg, Malin H. Stridh, Yifat Guy, Barbro Jilderos, Holger Wigström, Stephen G. Weber and Mats Sandberg  
**NMDA-receptor mediated efflux of N-acetylaspartate: physiological and/or pathological importance?**  
*Neurochemistry International* (2004) Dec; 45(8):1195-204
- II: Malin H Stridh, Mattias Tranberg, Stephen G. Weber, Fredrik Blomstrand and Mats Sandberg  
**Stimulated efflux of amino acids and glutathione from cultured hippocampal slices by omission of extracellular calcium: likely involvement of connexin hemichannels**  
*Journal of Biological Chemistry* (2008) Feb; doi:10.1074/jbc.M704153200
- III: Malin H Stridh, Stephen G. Weber, Fredrik Blomstrand, Michael Nilsson and Mats Sandberg  
**Stimulated efflux of adenosine via astroglial connexin hemichannels**  
*Submitted to Neuroscience letters*
- IV. Malin H Stridh, Stephen G. Weber, Fredrik Blomstrand, Michael Nilsson and Mats Sandberg  
**Characterization of glutathione efflux from astroglial connexin hemichannels**  
*Manuscript*

Related work not included in the thesis:

Mattias Tranberg, Malin H. Stridh, Barbro Jilderos, Stephen G. Weber and Mats Sandberg  
**Reversed phase HPLC with UV-detection for the determination of N-acetylaspartate and creatine.**  
*Analytical Biochemistry* (2005) Aug; 343(1): 179-82

## TABLE OF CONTENTS

<u>ABSTRACT</u>	3
<u>POPULÄRVETENSKAPLIG SAMMANFATTNING</u>	4
<u>LIST OF PUBLICATIONS</u>	5
<u>TABLE OF CONTENTS</u>	6
<u>LIST OF ABBREVIATIONS</u>	8
<u>INTRODUCTION</u>	9
<i>Cellular organisation of the central nervous system</i>	9
<i>Astrocytes</i>	9
<b>The astrocytic network</b>	10
<i>Chemical interaction between astrocytes and neurons</i>	11
<b>Glutamate and glutamine</b>	11
<b>Lactate</b>	12
<b>Glutathione</b>	12
<u>Synthesis of glutathione</u>	12
<u>Extracellular glutathione</u>	13
<u>Glutathione as an antioxidant</u>	13
<u>Glutathione as a neuromodulator</u>	14
<u>Glutathione in redox regulation</u>	14
<u>Glutathione and the Nrf2-ARE system</u>	14
<u>Glutathione and Nrf2 activating agents</u>	15
<u>Transport of glutathione by multidrug resistance proteins</u>	15
<b>Adenosine</b>	16
<b>N-acetylaspartate</b>	16
<i>Efflux pathways that contribute to extracellular neurochemistry</i>	17
<b>Ca<sup>2+</sup> -dependent vesicular release</b>	17
<b>Swelling induced opening of anion-channels</b>	18
<b>P2X<sub>7</sub> receptors</b>	18
<b>Connexin hemichannels</b>	19
<b>Pannexin hemichannels</b>	20
<b>Voltage dependent anion channels (VDACs)</b>	21
<b>NMDA-receptor mediated anion efflux</b>	21
<b>Cystic fibrosis transmembrane conductance regulator (CFTR)</b>	21
<u>AIMS</u>	22
<u>METHODS</u>	23
<i>Organotypic hippocampus cultures (Paper I and II)</i>	23
<i>Primary astrocyte cultures (Paper III and IV)</i>	24
<i>HPLC-analysis of glutathione and amino acids (Paper I, II and IV)</i>	25
<i>HPLC-analysis of purine catabolites (Paper III)</i>	25

<i>HPLC-analysis of N-acetylaspartate (Paper I and II)</i>	26
<i>Efflux protocol for slice cultures (Paper I and II)</i>	27
<i>Efflux protocol for primary cell cultures (Paper III and IV)</i>	27
<i>Determination of intracellular concentrations of glutathione and amino acids (Paper IV)</i>	28
<i>Evaluation of cell toxicity</i>	29
<b>Propidium iodide uptake assay</b>	29
<b>Lactate dehydrogenase assay</b>	30
<i>Protein determination</i>	31
<i>Statistics</i>	31
<b>SUMMARY OF RESULTS</b>	32
<i>Paper I</i>	32
<i>Additional data on NMDA-receptor mediated efflux</i>	33
<i>Paper II</i>	34
<i>Paper III</i>	35
<i>Paper IV</i>	35
<b>DISCUSSION</b>	37
<i>Efflux routes</i>	37
<b>The different efflux profiles- what comes out and what doesn't?</b>	37
<b>NMDA-receptor mediated efflux is not likely to be a hemichannel mediated process.</b>	38
<b>Evidence in support of connexin hemichannels as the mediators of efflux stimulated by Ca<sup>2+</sup>-omission.</b>	40
<b>Possibility of combined efflux pathways</b>	42
<i>During which physiological/pathological circumstances are these efflux pathways activated?</i>	42
<b>Localized fluctuations in Ca<sup>2+</sup> in the vicinity of signalling glutamatergic neurons</b>	44
<i>Possible physiological/patophysiological roles of efflux mediated by Ca<sup>2+</sup>-omission.</i>	44
<i>Can these pathways be manipulated?</i>	45
<i>Are functional hemichannels only an artefact due to culturing?</i>	46
<b>CONCLUSIONS</b>	48
<b>ACKNOWLEDGEMENTS</b>	49
<b>REFERENCES</b>	51
<b>APPENDIX</b>	66
Papers I-IV	

## LIST OF ABBREVIATIONS

<b>ACSF</b>	artificial cerebrospinal fluid
<b>AMP</b>	adenosine mono-phosphate
<b>AQP</b>	aquaporin
<b>ATP</b>	adenosine tri-phosphate
<b>BAPTA</b>	1,2-bis(o-aminophenoxy)ethane-N,N,N',N'-tetraacetic acid
<b>BBG</b>	brilliant blue G
<b>BSO</b>	buthionine sulfoximine
<b>CaMKII</b>	Ca <sup>2+</sup> /calmodulin-dependent kinase II
<b>CBX</b>	carbenoxolone
<b>CFTR</b>	cystic fibrosis transmembrane conductance regulator
<b>CNS</b>	central nervous system
<b>Cx</b>	connexin
<b>EAAT</b>	excitatory amino acid transporter
<b>ET-1</b>	endothelin-1
<b>FFA</b>	flufenamic acid
<b>GFAP</b>	glial fibrillary acidic protein
<b>GLAST</b>	glutamate and aspartate transporter
<b>GLT-1</b>	glutamate transporter 1
<b>GSH</b>	glutathione (reduced form)
<b>GSSG</b>	glutathione disulfide (oxidized form)
<b>GZA</b>	glycyrrhizic acid
<b>HPLC</b>	high pressure liquid chromatography
<b>LDH</b>	lactate dehydrogenase
<b>L-NAME</b>	L-N <sup>G</sup> -Nitroarginine methyl ester
<b>MCT</b>	monocarboxylate transporter
<b>Mrp</b>	multidrug resistance protein
<b>NAA</b>	N-acetylaspartate
<b>NCAM</b>	neural cell adhesion molecule
<b>NMDA</b>	N-methyl-D-aspartate
<b>Nrf2</b>	nuclear factor E2-related factor-2
<b>Panx</b>	pannexin
<b>PDC</b>	L-trans-pyrrolidine-2,4-dicarboxylic acid
<b>PEA</b>	phosphoethanolamine
<b>PI</b>	propidium iodide
<b>SNARE</b>	soluble NSF attachment receptor
<b>TBOA</b>	DL-threo-β-benzyloxyaspartic acid
<b>TNF-α</b>	tumour necrosis factor α
<b>VDAC</b>	voltage dependent anion channel
<b>VGLUT</b>	vesicular glutamate transporter
<b>VRAC</b>	volume regulated anion channel



## INTRODUCTION

### *Cellular organisation of the central nervous system*

The brain is the most complex biological structures we know about today. It is composed of several different cell types, all of which are vital to the proper function of the brain. There are two classes of cells in the brain, nerve cells and glia cells. Neurons constitute the main signalling units, but the most abundant cells in the brain are the glia cells.

The glial cells can be divided into three different classes with diverse functions. The oligodendrocytes are the myelin-producing cell, responsible for insulating the axons and ensuring a fast and correct signal transmission. The microglia are the immunocompetent cells of the central nervous system (CNS) and can be described as sensors of pathological events (Kreutzberg 1996). Normally, microglia reside in a resting state and are engaged in monitoring the extracellular space. They can rapidly become activated in response to changes in their microenvironment caused by for instance viral and bacterial infections and physical injuries (Raivich 2005). Pathological activation of microglia has implicated in a wide range of conditions such as cerebral ischemia, Alzheimer's disease, prion diseases and multiple sclerosis, for review see (Nakamura 2002).

### *Astrocytes*

The third class of glial cells consists of the most abundant cells in the brain, the astrocytes. They are estimated to represent over 50% of the total cell number in the cerebral cortex of mammals (Bass et al. 1971; Tower and Young 1973). Astrocytes were named after the stellate structure revealed by staining for the astrocytic cytoskeletal protein glial fibrillary acidic protein (GFAP). Recent studies using microinjection of dye into single astrocytes have uncovered a rather different appearance. In fact, astrocytes are more bush-like than star-shaped, with many fine protrusions arranged in specific domains. These microdomains are arranged with minimal overlap between different astrocytes (Bushong et al. 2002; Wilhelmsson et al. 2004).

The word glia originates from the greek word for glue and the glial cells was originally described as the cement that holds the neurons together in the brain. Now it is known that the astrocytes perform an array of different functions in the brain and the list of functions assigned to astrocytes is growing rapidly. The astrocytes in the brain do not constitute one

homogenous population. Instead, several studies suggest the existence of subpopulations of cells with different electrophysiological characteristics, glutamate receptor expression and gap junction coupling (Matthias et al. 2003; Steinhauser et al. 1992; Wallraff et al. 2004).

### **The astrocytic network**

Astrocytes have been shown to form large networks via gap junctions (Binmoller and Muller 1992; Dermietzel et al. 1991; Fischer and Kettenmann 1985; Rouach et al. 2002a). Due to the extensive gap junctional coupling between these cells, it has been suggested that astrocytic functions should be viewed from the perspective of groups of communicating cells instead of single cells acting on their own (Giaume and McCarthy 1996). Functions assigned to this network include transport of energy substrates from the blood-brain interface to the brain parenchyma (Giaume et al. 1997; Morgello et al. 1995) and propagation of  $\text{Ca}^{2+}$ -waves. Intracellular  $\text{Ca}^{2+}$ -oscillations are a vital part of the astrocytes intra- /intercellular signalling system and can be elicited either spontaneously (Aguado et al. 2002; Parri et al. 2001) or by a number of triggering factors including mechanical stimuli and activation of metabotropic glutamate receptors (Chen et al. 1997; Deitmer et al. 1998; Venance et al. 1997; Zur Nieden and Deitmer 2006). The intracellular  $\text{Ca}^{2+}$ -oscillations is propagated in the astrocytic network either by diffusion of the intracellular second messenger molecule inositol triphosphate (Sanderson et al. 1994) or by an extracellular pathway triggered by for example connexin dependent ATP-release (Cotrina et al. 1998). These  $\text{Ca}^{2+}$ -oscillations functions as the molecular mechanism for integration within the astroglial syncytium and between glial and neuronal circuits.  $\text{Ca}^{2+}$ -signals travelling within astrocytes can for instance link neuronal activity to local circulation by triggering release of vasoactive compounds from astrocytic end-feet on to brain capillaries (Mulligan and MacVicar 2004; Zonta et al. 2003).

A role in the dissipation and homeostasis of  $\text{K}^{+}$  ions has also been suggested as a main function of the astroglial syncytium (Orkand et al. 1966; Rose and Ransom 1997; Walz 2000). The importance of gap junctions in  $\text{K}^{+}$  buffering have however been questioned since mice lacking coupled astrocytes still show a large capacity for  $\text{K}^{+}$  redistribution (Wallraff et al. 2006).

Astrocytes form contacts with microvessels in the brain via specialized structures called perivascular endfeet. These structures are an important part in the formation and regulation of the blood brain barrier as thoroughly reviewed by Abbott (Abbott 2005). The endfeet express,

for instance, the potassium channel Kir 4.1 and the water transport channel aquaporin 4 (AQP4), proteins that presumably take part in the process of activity dependent volume regulation (Nagelhus et al. 2004; Price et al. 2002).

Astrocytes are in contact with both the brain vasculature and the neurons and appear to take an active part in supplying energetic metabolites to neurons in several different ways. The astrocytes have, in light of their extensive intercellular coupling, been suggested to operate as an metabolic syncytium by sharing their glucose and energetic intermediates, including lactate (Taberner et al. 1996). This metabolic network is regulated by the gap junctional permeability of the cells and with that, factors that affect gap junctional coupling also affects metabolic trafficking (Giaume et al. 1997).

#### *Chemical interaction between astrocytes and neurons*

##### **Glutamate and glutamine**

The extracellular concentration of glutamate must be kept under strict control to avoid over-activation of glutamate receptors which can result in excitotoxicity, i. e. nerve cell death following uncontrolled ion influx via glutamate receptors. Astrocytes, which have their processes closely wrapped around glutamatergic synapses, reduces the extracellular glutamate concentration by an efficient up take machinery consisting of at least two glutamate transporters. The glutamate transporters predominantly expressed by glia are GLAST/EAAT1 and GLT-1/EAAT2, for review see (Gegelashvili and Schousboe 1998), with GLT-1 being the dominant transporter in the mature brain (Guillet et al. 2002). A large proportion of the glutamate is then converted to glutamine by the astrocyte specific enzyme glutamine synthetase (Martinez-Hernandez et al. 1977). Since glutamine is not neuroactive, it can be released to the extracellular space where it serves as a primary neuronal glutamate precursor (Broer and Brookes 2001). In addition to preventing excitotoxic damage to the neurons, this rapid removal of extracellular glutamate is important to keep the signal to noise ratio high during glutamatergic signalling.

Astroglial glutamate transporters usually operates to clear the extracellular space of glutamate, but during periods of elevated extracellular  $K^+$  the transporters can reverse their operation and instead release glutamate (Szatkowski et al. 1990). Reversal of glutamate carriers is thought to contribute substantially to the extracellular glutamate that accumulates during severe brain ischemia (Rossi et al. 2000).

## **Lactate**

Another mechanism by which astrocytes contribute to neuronal metabolism is described by Magistretti and co-workers and is coupled to astrocytic glutamate uptake. In short, glutamate uptake, stimulated by neuronal firing, causes the intracellular  $\text{Na}^+$  levels to increase due to the fact that glutamate is cotransported with  $\text{Na}^+$ . The increase in intracellular  $\text{Na}^+$  activates the  $\text{Na}^+ / \text{K}^+$  -ATPase and the pump fuelled by ATP provided by membrane-bound glycolytic enzymes triggers glycolysis, i.e. glucose utilization and lactate production (Pellerin and Magistretti 1994). Lactate is then released from the astrocytes, presumably via the monocarboxylate transporter MCT-1, and taken up by the neurons via MCT-2 (Broer et al. 1997). The neurons metabolize the lactate into pyruvate that enters the mitochondria to serve as an energy fuel.

## **Glutathione**

Glutathione ( $\gamma$ -Glu-Cys-Gly) is the major water soluble antioxidant in the brain. Its reducing capacities was described in already 1921 (Hopkins 1921) and the tripeptide structure was resolved almost decade later by Ben Nicolet (Nicolet 1930). It is present in the brain in millimolar concentrations and is distributed among all cells type. Glutathione exists in a reduced form (GSH) and an oxidized, dimeric form (glutathione disulfide, GSSG). In the brain, the predominant form is reduced glutathione with a ratio of 99:1 (GSH:GSSG) (Cooper et al. 1980; Folbergrova et al. 1979).

### Synthesis of glutathione

In the cells, glutathione is synthesized in two steps by the action of two consecutive enzymes. First glutamate and cysteine is linked to form the dipeptide  $\gamma$ -glutamylcysteine ( $\gamma$ -GluCys). This step is carried out by  $\gamma$ -GluCys-synthetase. In the next step  $\gamma$ -GluCys is combined with a glycine in a reaction catalyzed by glutathione synthetase to form glutathione. Both of the enzymes in the process use ATP as a cosubstrate. Synthesis of glutathione is regulated by a feedback loop where glutathione inhibits the  $\gamma$ -GluCys-synthetase, thus ensuring that synthesis and consumption is in balance (Richman and Meister 1975). The transcription of the enzymes involved in glutathione synthesis is controlled by the nuclear factor E2-related factor-2 (Nrf2), which in turn can be activated by dietary compounds such as curcumin, sulforaphane and resveratrol (see further below).

### Extracellular glutathione

Glutathione is present in the extracellular space in concentrations in the low micromolar range (Yang et al. 1994) and it has been shown in co-culture experiments that presence of astrocytes can increase neuronal glutathione (Bolanos et al. 1996). Glutathione synthesis depends on the intracellular availability of its building blocks, glutamate, glycine and cysteine. These amino acids are not present at high concentrations outside the cells due to the fact that both glutamate and glycine are neurotransmitters and that cysteine in high concentrations can have neurotoxic effects (Janáky et al. 2000). Glycine also functions as a co-agonist of the NMDA-receptor and potentiates NMDA-receptor mediated responses (Johnson and Ascher 1987). Since astrocytes and neurons preferentially use different substrates for their glutathione synthesis astrocytes are able to support the neuronal synthesis by exporting glutathione. Astrocytes prefer to use glutamate and cystine as glutathione precursors, in contrast to neurons that rely on extracellular cysteine and glutamine (Dringen and Hamprecht 1998; Dringen et al. 1999; Kranich et al. 1998; Kranich et al. 1996; Sagara et al. 1993). This differential use of precursors makes it possible for astrocytes to produce glutathione without competing for substrate with the neurons and then release it to the extracellular space. In the extracellular space, glutathione is converted by the ectoenzyme  $\gamma$ -Glutamyl transpeptidase to the dipeptide CysGly and a  $\gamma$ -Glutamyl peptide (Meister et al. 1981; Tate and Meister 1974). Data suggest that the CysGly dipeptide generated by  $\gamma$ -Glutamyl transpeptidase activity serves as a precursor for neuronal glutathione synthesis (Dringen et al. 1999), but whether it is the dipeptide itself that is taken up by the neurons or if it is hydrolyzed in the extracellular space by a neuronal ectopeptidase to cysteine and glycine is not fully known. Astrocytes also contribute with the other substrate for neuronal glutathione synthesis by their release of glutamine.

### Glutathione as an antioxidant

Glutathione is a very important of the cellular defence against accumulation of reactive oxygen species. It can react directly with radicals such as superoxide radical anions, nitric oxide or hydroxyl radicals via non-enzymatic processes (Clancy et al. 1994; Singh et al. 1996; Winterbourn and Metodiewa 1994). It can also function as an electron donor in the reduction of peroxides, a reaction catalyzed by glutathione peroxidases (Chance et al. 1979). The final product of oxidation of glutathione is glutathione disulfide (GSSG). Glutathione disulfide is a substrate for the enzyme glutathione reductase. This enzyme transfers electrons from NADPH to GSSG, thus regenerating glutathione.

### Glutathione as a neuromodulator

Glutathione is considered as a possible neurohormone (Guo et al. 1992; Janaky et al. 1999) based on the fact that it is present in the extracellular space and that it binds specifically to extracellular receptors in the brain (Guo and Shaw 1992; Lanius et al. 1994), which appear to be linked to Na<sup>+</sup> ionophores as glutathione causes Na<sup>+</sup>-dependent depolarization in the neocortex in vitro (Shaw et al. 1996). It has also been shown that glutathione is an endogenous ligand of glutamate receptors with capability of modulating central excitability (Ogita et al. 1995; Regan and Guo 1999; Steullet et al. 2006). With these data in mind, glutathione might be added to the list of glia-derived transmitters as have been suggested for glia-derived glutamate, D-serine and ATP/adenosine (Martin et al. 2007; Miller 2004; Vesce et al. 2001; Volterra and Steinhauser 2004).

### Glutathione in redox regulation

The redox state of a cell is determined by the balance of its oxidizing components and its reducing equivalents. It is important for the cell to keep the concentrations of reactive oxygen species, free radicals and other oxidants low to avoid oxidative damage to proteins, lipids and nucleic acids. However, below their toxic threshold, reactive oxygen species, free radicals and other oxidants may have signalling functions, for review see (Gabbita et al. 2000). This often includes oxidative changes of kinases and phosphatases, which in turn may affect transcription factors leading ultimately to a changed expression profile. One example of such oxidation-mediated signalling is the Nrf2-ARE system discussed in a section below.

### Glutathione and the Nrf2-ARE system

The production of reactive oxygen species is an inevitable consequence of cellular metabolism and can lead to DNA damage and protein and lipid oxidation. To counteract these deleterious effects, animal cells have developed several defence mechanisms including phase II detoxification enzymes and antioxidant proteins. The antioxidant responsive element (ARE) is a regulatory element found in the promoter regions of several genes encoding so called phase II detoxification enzymes and antioxidant proteins, including NAD(P)H, quinone oxidoreductase, glutathione-S-transferases and glutamate-cysteine ligase (Mulcahy et al. 1997; Rushmore et al. 1990).

The cytosolic transcription factor Nrf2 is under normal conditions kept in an inactive state by binding to the cytoskeleton-associated protein Keap1 (Itoh et al. 1999; Kobayashi et al. 2002). The interaction between Nrf2 and Keap1 can be antagonized by electrophilic agents suggesting that the Nrf2-Keap1 complex is capable of sensing oxidative stress (Itoh et al. 1999). Once released from the inhibition by Keap1, Nrf2 is translocated from the cytosol to the nucleus where it binds to the ARE-sites (Alam et al. 1999; Moi et al. 1994). Keap1 also have an important role in terminating the Nrf2 mediated transcription. Keap1 has been shown to translocate into the nucleus independently of Nrf2 and terminates transcription by escorting Nrf2 out of the nucleus (Sun et al. 2007). In the cytosol, Keap1 targets Nrf2 for proteosomal degradation by binding to it and recruiting the complex into the E3 ubiquitine-ligase complex for ubiquitination (Stewart et al. 2003; Sun et al. 2007). This intricate signalling system is highly conserved in vertebrate cells (Kobayashi et al. 2002).

#### Glutathione and Nrf2 activating agents

Several plant derived substances have been shown to activate the Nrf2-ARE system. Keap1 is rich in cysteine residues, which contain sulfhydryl groups (Itoh et al. 1999), and therefore it is likely that the mechanism of many of the Nrf2 inducers act by separating Nrf2 from Keap1 by reacting with these cysteine residues. Curcumin, the bioactive component of turmeric (*Curcuma longa*), have been shown to potently induce Nrf2-mediated transcription (Balogun et al. 2003). In the same study, similar effects were seen by another natural antioxidant, caffeic acid phenetyl ester (CAPE). Both these substances contain electrophilic, unsaturated carbonyl groups that are capable of reacting with thiols and curcumin is able to relieve inhibition mediated by Keap1 in a coexpression model (Balogun et al. 2003). Two other plant derived Nrf2 inducers are resveratrol, found in grapes, and sulforaphane, found in broccoli (Chen et al. 2005; Kraft et al. 2004; Thimmulappa et al. 2002). Both sulforaphane and curcumin have been proven efficient when it comes to reduce cellular damage after ischemic insults, a condition known to cause increased levels of oxidative stress (Al-Omar et al. 2006; Wang et al. 2005; Zhao et al. 2006).

#### Transport of glutathione by multidrug resistance proteins

Multidrug resistance proteins (Mrps) are ATP-driven export pumps that mediate export of organic anions (Kruh and Belinsky 2003). Mrps fulfil several essential transport functions, depending on the expressing cell type. Typical Mrp substrates include glutathione-S-conjugates, glutathione disulfide (GSSG), conjugates of glucuronate cyclic nucleotides and

nucleotide analogues (Homolya et al. 2003; Konig et al. 1999; Kruh and Belinsky 2003). There is substantial evidence for expression of Mrp1 (Decleves et al. 2000; Hirrlinger et al. 2001) and Mrp3-5 (Ballerini et al. 2002; Hirrlinger et al. 2002a) in astrocytes, both *in vivo* and in cultures. In astrocytes Mrp1 but not Mrp5, have been shown to mediate export of GSH and GSSG (Hirrlinger et al. 2001; Hirrlinger et al. 2002b; Minich et al. 2006).

### **Adenosine**

Adenosine is a neuromodulator with many effects in the brain. It has been shown to increase in the extracellular space during pathological conditions such as epileptic activity (Dunwiddie 1999), hypoglycemia and hypoxia /ischemia (Hagberg et al. 1987; Rudolphi et al. 1992; Schubert et al. 1994). Most of the effects of adenosine are conveyed via 4 main receptor subtypes in combination with different intracellular transducing pathways (Fredholm et al. 2001) that in turn have effects on diverse targets, from ion channels to gene transcription. The experiments so far have mainly been focused on effects of adenosine on neurons and its neuroprotective actions via presynaptic A1 adenosine receptors (Arrigoni et al. 2005; Fowler 1990). Ischemic preconditioning involves adenosine signalling and the reduction in ischemic injury was found to be mediated by A1-receptor activation (Heurteaux et al. 1995). During hypoxia, astrocytes have been shown to release adenosine. This downregulates the synaptic activity via the A1 adenosine receptor, a mechanism proposed to be neuroprotective during transient hypoxia (Martin et al. 2007).

Recent studies suggest that not only neurons, but glial cells as well, are affected by activation of adenosine receptors. For example, astroglial reactivity that follows different disorders can be induced via activation of A2a receptors (Brambilla et al. 2003). Likewise microglial activation and production of cytokines such as TNF- $\alpha$  can be reduced via these receptors (Boucein et al. 2003).

### **N-acetylaspartate**

The amino acid derivative N-acetylaspartate is a substance first discovered in the brain of rats in 1956 (Tallan et al. 1956). It is a divalent anion at physiological pH and is mainly located in the central nervous system with small amounts detected in the peripheral nervous system. The highest concentration (up to 10 mM) is found in mammalian and avian brain while the concentrations in the peripheral nervous system and retina are five-fold lower (Miyake and Kakimoto 1981; Nadler and Cooper 1972). It has been shown to be located primarily in



neurons, but a small fraction is found in oligodendrocytes (Koller and Coyle 1984; Moffett et al. 1991; Nadler and Cooper 1972). The concentrations of N-acetylaspartate increase uniformly throughout the brain and the peripheral nervous system during development (Florian et al. 1996; Koller and Coyle 1984; Miyake and Kakimoto 1981; Tallan 1957). The function of N-acetylaspartate in the brain is elusive, but several theories and suggestions have been made. These suggestions include functions as a myelin precursor (D'Adamo et al. 1968; D'Adamo and Yatsu 1966), energy substrate (Mehta and Namboodiri 1995), neuromodulator and/or neurotransmitter (Akimitsu et al. 2000), N-acetylaspartylglutamate precursor (Baslow 2000) and osmoregulator (Baslow 2002). In spite of the lack of conclusive functional data, it is interesting to note that the levels of N-acetylaspartate have been shown to be decreased after stroke, in Alzheimer's disease, multiple sclerosis and Huntington's disease as well as a number of other neuropathologies (Tsai and Coyle 1995). Efflux of N-acetylaspartate has been reported in microdialysis studies after anoxia (Sager et al. 1999). N-acetylaspartate efflux has also been detected after depolarisation and in hypoosmotic medium (Davies et al. 1998; Taylor et al. 1994), but the efflux pathways have not been resolved.

#### *Efflux pathways that contribute to extracellular neurochemistry*

##### **Ca<sup>2+</sup>-dependent vesicular release**

Vesicular release of glutamate and other transmitters is the main release pathway in neurons. Vesicular release of transmitters from glial cells has been a more controversial topic. However, Ca<sup>2+</sup>-dependent release of glutamate have been reported from both cultured astrocytes and acute hippocampal slices (Bezzi et al. 1998; Parpura et al. 1994). In addition, recent findings show that glutamate can stimulate exocytotic release of ATP from cultured astrocytes (Pangrsic et al. 2007). Intracellular elevation of Ca<sup>2+</sup> was shown to be sufficient and necessary to cause glutamate release (Parpura et al. 1994). Incubation of the cells with either the Ca<sup>2+</sup>-chelator BAPTA (Araque et al. 1998; Bezzi et al. 1998), or thapsigargin (Araque et al. 1998), an inhibitor of a Ca<sup>2+</sup>-ATPase specific for internal stores, led to a reduction in the evoked release of glutamate indicating that Ca<sup>2+</sup> release from internal stores is the predominant source of Ca<sup>2+</sup> in this type of release. Ca<sup>2+</sup>-dependent release is in neurons mainly associated with SNARE-dependent vesicular release and there is evidence of such a release machinery in astrocytes as well. Astrocytes express SNARE proteins known to mediate exocytosis such as synaptobrevin II, syntaxin I and cellubrevin (Parpura et al. 1995) as well as vesicular glutamate transporters (VGLUTs) and vacuolar H<sup>+</sup>-ATPase (Fremeau et al. 2002).

### **Swelling induced opening of anion-channels**

Several different anion channels have been linked to swelling induced release of amino acids, inorganic anions and ATP. The most studied of these channels are the volume-regulated anion channels (VRACs), a type of anion channel found in essentially all cells. Although the channels, also termed volume-sensitive outwardly rectifying (VSOR) Cl<sup>-</sup> channels or volume-sensitive organic osmolyte and anion channels (VSOAC), are well characterized biophysically, the molecular identity of these proteins is still not known (Nilius and Droogmans 2003; Okada 2006). The most uniform feature of these channels is the characteristic outwardly rectifying chloride current that develops in cells swollen by exposure to hypotonic media, for references see (Jentsch et al. 2002; Okada 1997; Strange et al. 1996). Astrocyte swelling have been shown to cause efflux of glutamate, aspartate and taurine via VRACs (Kimelberg et al. 1990) and this has led to a hypothesis stating that this efflux reduce intracellular osmolarity and thereby swelling via water efflux. However, this process can contribute to excitotoxicity during pathologies characterized by marked astrocytic swelling, such as stroke and closed head trauma (Feustel et al. 2004; Kimelberg 1995). The intracellular pathways regulating the activity of these channels are poorly understood, but a recent study suggest the involvement of ATP and two protein kinase C (PKC) isoforms in regulating VRAC function and efflux of glutamate from cultured astrocytes (Rudkouskaya et al. 2008).

### **P2X<sub>7</sub> receptors**

Astrocytes express a multitude of receptors and among them are purine receptors of the P2X<sub>7</sub>-type (Kukley et al. 2001). P2X<sub>7</sub> receptors are activated by extracellular ATP and upon activation, they open large channels (North and Surprenant 2000). These channels are permeable to substances up to 900 Da, but the permeability characteristics of P2X<sub>7</sub>-receptors seem to vary with the expressing cell type. In some cell types the receptors allows only passage of smaller molecules or exhibit ion selectivity (Markwardt et al. 1997; Soltoff et al. 1992; Surprenant et al. 1996). It has been shown that activation of P2X<sub>7</sub>-receptors can result in release of ATP from C6 glioma cells (Suadicani et al. 2006) and glutamate from cultured astrocytes (Duan et al. 2003). Another feature of the P2X<sub>7</sub>-receptors is the response amplification observed in low divalent cation medium (Bianchi et al. 1999; North and Surprenant 2000). Recent studies suggest a close association of P2X<sub>7</sub>-receptors and pannexin hemichannels (Locovei et al. 2007; Pelegrin and Surprenant 2006). This could in part explain the very different permeability characteristics seen in different P2X<sub>7</sub> expressing cell types.

### **Connexin hemichannels**

Hemichannels or connexons are the terms used for unpaired gap junction channels. They are composed of hexamers of connexin subunits and in their open state they connect the intracellular space of the cell with the extracellular surroundings. The connexin gene family consists of 20 members in rodents (Willecke et al. 2002) and the most prevalent form in vertebrate tissues is Cx43 (Goodenough et al. 1996). In mammalian brain at least eight connexins have been identified and the predominant astroglial forms are Cx43 and Cx30 (Nagy and Rash 2000; Rouach et al. 2002a; Theis et al. 2005). The major oligodendroglial connexin is Cx32 (Nagy and Rash 2000) and microglia have been reported to express Cx36 (Dobrenis et al. 2005) and Cx43 (Eugenin et al. 2001). The latter form of connexin is, however, only detected after microglial activation by interferon- $\gamma$  and lipopolysaccharide or tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) (Eugenin et al. 2003; Eugenin et al. 2001) and is not detected when microglia is co-cultured with astrocytes (Faustmann et al. 2003; Rouach et al. 2002b).

Connexin hemichannels have a large pore diameter ( $\sim 1,2$  nm) that allows diffusion of substances up to 1 kDa. Substances that have been shown to pass through connexin hemichannels include several cytosolic metabolites and signalling molecules, such as ATP, glutamate, glutathione, prostaglandin E<sub>2</sub> and NAD (Bruzzone et al. 2001; Cherian et al. 2005; Cotrina et al. 1998; Rana and Dringen 2007; Stout et al. 2002; Ye et al. 2003). In a recent study, glucose and glucose derivatives was added to the list of substances that permeate Cx43 channels, as shown by uptake of a fluorescent glucose-derivate (Retamal et al. 2007a).

Since connexin hemichannels are large, relatively unselective pores that connect the cytosol to the extracellular space, uncontrolled and/or prolonged opening of such channels could have detrimental effects on cell survival. The opening of such channels must therefore be strictly regulated. A number of regulatory mechanisms have been found, including closure by high concentrations of extracellular divalent cations, in particular Ca<sup>2+</sup> (Contreras et al. 2003; Valiunas and Weingart 2000). Opening probability is increased by positive membrane potentials (Contreras et al. 2003), metabolic inhibition (Contreras et al. 2002; John et al. 1999), reduced cellular redoxpotential (Retamal et al. 2006; Retamal et al. 2007b) and, most recently, the proinflammatory cytokines TNF- $\alpha$ . and IL1- $\beta$  (Retamal et al. 2007a). Intracellular pH is another factor influencing the opening of hemichannels. Intracellular acidification causes closure of hemichannels (Trexler et al. 1999) and the mechanism behind

this effect is a direct pH-dependent effect on the C-terminus of the Cx43 subunit (Duffy et al. 2004; Hirst-Jensen et al. 2007).

Both hemichannels and gap junction channels consisting of Cx43 are regulated by phosphorylation and it seems like the Cx43 subunits exist in three different states, non-phosphorylated, Cx43-P and Cx43-PP (Cooper and Lampe 2002). Phosphorylation of connexin has been suggested to close hemichannels and this suggestion is supported by a recent study that shows the involvement of PKC in regulating size selectivity in Cx hemichannels (Bao et al. 2007).

### **Pannexin hemichannels**

The most recent player in the field of efflux pathways from astrocytes are pannexin hemichannels or pannexons. Pannexins were discovered to be the mammalian orthologs of the invertebrate gap junction protein innexin (Baranova et al. 2004; Panchin et al. 2000) and have been proposed to be able to form gap junction channels (Bruzzone et al. 2003; Vanden Abeele et al. 2006). Connexin and pannexin show no sequence homology, but share several structural features (Panchin et al. 2000). The tissue expression of pannexin and connexin overlap considerably (Baranova et al. 2004; Bruzzone et al. 2003; Ray et al. 2005).

One feature that distinguishes pannexin hemichannels from their connexin counterpart is that pannexin channels have been shown to lack gating by extracellular  $\text{Ca}^{2+}$  (Bruzzone et al. 2005). Whether the pannexins are regulated by phosphorylation like the connexins is not known. However, both pannexin (Panx) 1 and 3 have been shown to be N-linked glycosylated, a post-translational modification not reported for any of the connexins (Penuela et al. 2007). The presence of complex carbohydrates on the extracellular-loop regions of these pannexins can be predicted to interfere with formation of intercellular channels. This, taken together with the failure to form robust intercellular channels when transiently expressed in N2A cells (Penuela et al. 2007) and lack of evidence of gap junction formation other than in the paired oocyte expression system, point towards other functions for the pannexins than those of the connexins. One suggestion is that rather than being a redundant system of gap junction proteins, they exert a physiological function as hemichannels (Dahl and Locovei 2006). Hemichannels composed of pannexins is mechanosensitive and can mediate efflux of ATP and interleukin-1 $\beta$  (Bao et al. 2004; Pelegrin and Surprenant 2006). Opening of Panx1

hemichannels have also been implicated in the neuronal death after ischemia (Thompson et al. 2006).

### **Voltage dependent anion channels (VDACs)**

The presence of large conductance anion channels (>400 pS) have been described in the plasma membrane of cultured astrocytes (Sonnhof 1987) and cultured rat Schwann cells (Bevan et al. 1984) that resembles the type of voltage-dependent anion channels found predominantly in the outer mitochondrial membrane. At least one type of plasmalemmal VDAC (BR1-VDAC) have been identified on astrocytes *in situ* in bovine brain (Dermietzel et al. 1994). VDACs have been shown to release ATP after cell swelling (Sabirov et al. 2001), but seems to not be involved in the swelling-induced release of excitatory amino acids (Abdullaev et al. 2006).

### **NMDA-receptor mediated anion efflux**

Microdialysis studies have shown that during certain pathological conditions, such as ischemia, deep hypoglycaemia and prolonged epilepsy, the efflux of the anionic amino acid phosphoethanolamine increase (Hagberg et al. 1985; Lehmann 1987; Sandberg et al. 1986b). In an *in vitro* setup this efflux was shown to be parallel to efflux of another organic anion, glutathione, and was found to be dependent on NMDA-receptor activation and extracellular calcium (Wallin et al. 1999). The pathway mediating this efflux is not known.

### **Cystic fibrosis transmembrane conductance regulator (CFTR)**

The cystic fibrosis transmembrane conductance regulator (CFTR) is a cyclic AMP-gated Cl<sup>-</sup> channel that belongs to the ATP binding cassette protein superfamily. It is expressed in cultured astrocytes (Ballerini et al. 2002) and has been associated with facilitated extracellular transport of ATP (Schwiebert 1999). Function of the CFTR in CNS is poorly understood, but this channel type is permeable to larger organic anions as well as Cl<sup>-</sup> and has been suggested to mediate export of glutathione in airway epithelial cells (Linsdell and Hanrahan 1998). An interesting discovery is the interaction between gap junction communication and CFTR activation (Chanson et al. 1999; Chanson and Suter 2001).

## AIMS

The extracellular neurochemistry determines normal brain function and the fate of the neurons after insults such as stroke. This thesis concerns the effect of extracellular events related to intense neuronal stimulation and stroke, i.e. over-activation of NMDA-receptors and dramatically decreased extracellular  $\text{Ca}^{2+}$ -concentrations, on cellular efflux pathways of neurotoxic and neuroprotective substances.

The specific aims of the thesis were:

I: To investigate the temporal and chemical efflux profiles caused by NMDA-receptor over-activation and reduced extracellular  $\text{Ca}^{2+}$ -concentrations from cultured hippocampus slices.

II: To investigate the cellular origin of the efflux by analysis of the neurospecific amino acid N-acetylaspartate and by using neurodegenerated cultured hippocampus slices and primary astrocyte cultures.

III: To investigate if hemichannels are involved in the stimulated efflux.

IV: To investigate if hemichannel opening by reduced extracellular  $\text{Ca}^{2+}$ -concentrations is neurotoxic

V: To investigate how basal and stimulated efflux of glutathione relate to changes in intracellular levels

## METHODS

### *Organotypic hippocampus cultures (Paper I and II)*

Organotypic cultures of hippocampal tissue were prepared using the interface method according to Stoppini (Stoppini et al. 1991). In brief, hippocampi of eight to nine days old Sprague-Dawley rat pups were dissected and cut in 400  $\mu\text{m}$  thick slices using a McIlwain tissue chopper. The slices were transferred to a Petri dish containing Gey's balanced salt solution with 0.45 g/l of D-glucose. Four slices were put on a porous membrane insert (Millicell CM; Bedford, MA, USA) in 6-well plates with 1.3 ml culture medium. Slices were cultured for 12-14 days at 36 °C in a humidified atmosphere containing 5% CO<sub>2</sub> and 95% air. Culture medium, 1.2 ml, was changed twice a week. Slice cultures with a low number of neurons were prepared by incubating slice cultures with 300  $\mu\text{M}$  NMDA for 24 h three to four days prior to efflux experiments. The slices were cultured in medium containing Basal medium Eagle and Earl's basal salt solution (50 and 20 %, respectively), horse serum (23 %), penicillin/streptomycin (25 U/ml), L-glutamine (1 mM) and D-glucose (41.6 mM).

### Comments:

Organotypical hippocampal cultures can be kept alive, with preserved cytoarchitecture, for several weeks (Bahr 1995; Gahwiler et al. 1997). This stability makes the model suitable for studies of prolonged events (i.e., days to weeks) such as synaptogenesis, excitotoxicity and slow degenerative processes associated with aging and age-related disorders. Additionally, it is easy to gain access to the cells with different pharmacological tools. The cultured slices have been shown to resemble the adult *in vivo* hippocampus in many aspects. For instance, they maintain their glutamate receptors and other synaptic components such as synaptophysin and NCAMs as well as structural and cytoskeletal components for at least up to 30 days in culture (Bahr et al. 1995). However, in some aspects they show a more immature/different phenotype than *in vivo*. It has been shown that they retain a more immature pattern of lactate dehydrogenase isozymes (Schousboe et al. 1993) and this might suggest an incomplete transition from anaerobic to aerobic glycolysis. They also lack the developmental increase in N-acetylsparate seen *in vivo* (Baslow et al. 2003). Concerning the glial cells in the cultured slice it is important to note that the astrocytes do not retain their layer-specific distribution (Derouiche et al. 1993) as shown by staining for glutamine synthetase. *In vivo*, the staining is layer-specific and perisynaptic with the highest immunoreactivity found in well-defined termination zones of glutamatergic hippocampal afferents. This distribution is not present in

cultured hippocampal slices, which might indicate that the laminated organisation of glutamine synthetase expression in the hippocampus is dependent on neuronal activity. The oligodendrocytes have a distribution and phenotype corresponding to the *in vivo* situation (Berger and Frotscher 1994).

#### *Primary astrocyte cultures (Paper III and IV)*

Primary cultures of astrocytes were prepared from the hippocampi of newborn (P1-P2) Sprague-Dawley rats as described previously (Hansson et al. 1984; Nodin et al. 2005). In brief, the rats were decapitated and the hippocampi were carefully dissected. The tissue was mechanically passed through a nylon mesh (80 µm mesh size) into culture medium consisting of minimum essential medium (MEM) supplemented to the following composition: 20% (v/v) fetal calf serum, 1% penicillin-streptomycin, 1.6 times the concentrations of amino acids and 3.2 times the concentration of vitamins (in comparison to MEM), 1.6 mM L-glutamine, 7.15 mM glucose and 48.5 mM NaHCO<sub>3</sub>. The cells were grown in 35 mm wells at 37°C in a humidified atmosphere of 95% air and 5% CO<sub>2</sub>. The medium was changed after three days in culture and thereafter three times per week. Cells were used after 14–19 days in culture when a confluent monolayer had been formed. For the efflux experiments the cells were cultured in 35 mm Petri dishes.

#### Comments:

Primary cultures are cell cultures prepared directly from animal tissues. The cells are harvested from newborn animals and it is therefore important to recognize that the results obtained using these cultures probably reflect the immature phenotypes of the cells. The cells are grown in medium which contains fetal bovine serum, containing an undefined mixture of growth factors, which may also influence the cells to retain their immature properties. In the case of astroglial cell cultures, the degree of reactivity must also be considered. The preparation of the cell cultures does, in itself, resemble a traumatic injury and may therefore induce a much higher degree of reactivity than what is exhibited by cells *in situ*.

The benefits of using primary cultures of astrocytes are many. Since the cells grow in monolayers, it is easy to access all cells when drugs are added to the incubation medium. It is a clean system where the results reflect the properties of a single cell type. However, to get reproducible results, it is important to make sure that the cells are in a confluent state before they are used in experiments and that the contamination of microglia is low.



#### *HPLC-analysis of glutathione and amino acids (Paper I, II and IV)*

Glutathione and amino acids were determined using *o*-phthalaldehyde (OPA) derivatization and fluorescence detection essentially as described earlier (Lindroth and Mopper 1979; Sandberg et al. 1986a). A solution of  $\beta$ -mercaptoethanol,  $\text{Na}_2$ -EDTA and  $\text{NaN}_3$  (final concentration 20, 1 and 5 mM respectively) was added to the samples and standards to keep GSH in its reduced form as well as to prevent bacterial growth. The OPA-solution was prepared weekly and consisted of OPA (40 mg) dissolved in methanol (400  $\mu\text{l}$ ),  $\beta$ -mercaptoethanol (40  $\mu\text{l}$ ), borate buffer (2.0 ml, 0.8 M, pH 12) and  $\text{H}_2\text{O}$  (1.6 ml). Every two days  $\beta$ -mercaptoethanol (10  $\mu\text{l}$ ) was added to the solution. Amino acids were derivatized (25  $\mu\text{l}$  of sample mixed with 25  $\mu\text{l}$  OPA solution) in the autosampler before injection. The amino acid derivatives were separated on a Nucleosil  $\text{C}_{18}$  column (200 x 4.6 mm; Macherey-Nagel, Germany) with a mobile phase consisting of  $\text{NaH}_2\text{PO}_4$  (50 mM, pH 5.28) and methanol in a gradient from 25-95 % methanol. A flow rate of 1 ml/min was used. Detection was carried out by excitation at 333 nm and emission over 418 nm.

#### Comments:

Precolumn derivatization of the sample with *o*-phthalaldehyde allows fluorescence detection of glutathione and amino acids, making the method highly sensitive. However, the derivatization with *o*-phthalaldehyde is limited to primary amines and can therefore not be used to analyze secondary amino acids such as proline. This method does not discriminate between oxidised and reduced glutathione due to the addition of  $\beta$ -mercaptoethanol in the reagent solution. However, the main part of the glutathione released after NMDA stimulation have been shown to be in the reduced form (Wallin et al. 1999) and the reduced form have also been found to be predominant in the brain (Cooper et al. 1980; Folbergrova et al. 1979).

#### *HPLC-analysis of purine catabolites (Paper III)*

Chromatography of purine catabolites was performed using a HPLC pump coupled to a UV detector. All separations were performed at room temperature. Sample injection was made using an autosampler. Analysis of purine catabolites were carried out as described earlier (Hagberg et al. 1987). In brief, samples were run on a column (ACE 5  $\text{C}_{18}$ ; 4.6 mm in diameter, 150 mm in length) packed with  $\text{C}_{18}$  coated particles (5  $\mu\text{m}$ ). Sample volumes of 40  $\mu\text{l}$  were injected and the purine catabolites were eluted with a buffer containing 94 % 10 mM

NH<sub>4</sub>H<sub>2</sub>PO<sub>4</sub> (pH 5.50) and 6% methanol. The UV-absorbance was measured at 254 nm. Identification of the peaks was carried out by adding known amounts of each compound to the samples. Quantification was determined by external standardisation and standards were run at three different concentrations. The resulting linear standard curve (peak area vs. concentration) was used to calculate the concentration in the samples. Standards were run before and after each sample set.

Comments:

The advantage of this method is that it is a straight forward, isocratic method and it does not require any special sample preparation. However, the disadvantage to this method is that it is based on UV absorbance which is less sensitive than, for example, fluorescence detection. Another disadvantage is that many of the drugs used in these studies also absorb in the UV range of the spectrum, which may complicate analysis.

#### *HPLC-analysis of N-acetylaspartate (Paper I and II)*

Separation of N-acetylaspartate was carried out at room temperature using a TSK-GEL ODS-80T column (250 x 4.6 mm; 5µm particle size Tosoh, Tokyo, Japan). The mobile phase consisted of 50 mM NaH<sub>2</sub>PO<sub>4</sub> (pH 2.15) and was degassed with N<sub>2</sub> before use. The flow rate was 1 ml/min and N-acetylaspartate was detected by absorbance at 210 nm. To improve the peak shape, the samples were mixed with HCl (0.2 M) in a ratio of 6:1 (sample/HCl) prior to injection. Sample injection volume was 90 µl. The N-acetylaspartate peak was identified and quantified using external standards and by the addition of known amounts of N-acetylaspartate to the samples.

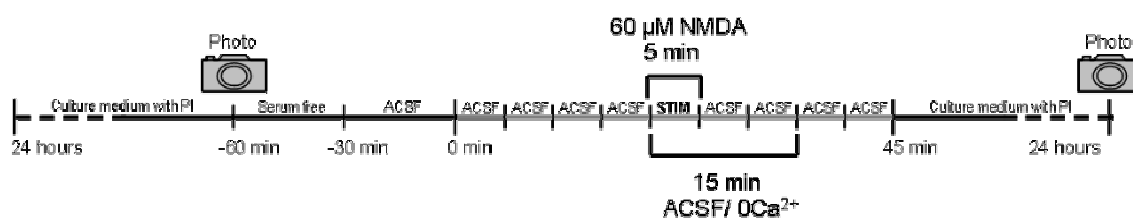
Comments:

The most commonly used method for HPLC-based analysis of N-acetylaspartate is that described by Koller and co-workers (Koller et al. 1984). However, this method is not optimal for detection of N-acetylaspartate in buffers with high K<sup>+</sup> and therefore, a reversed-phase method developed to function in saline sample buffers was used (Tranberg et al. 2005). One drawback with this method is the low pH of the buffer needed to keep N-acetylaspartate neutral. Low pH, in combination with the fact that pure aqueous buffers are not recommended

for silica columns, can increase the rate of silica hydrolysis. This, in turn, may greatly shorten the lifespan of the column.

#### *Efflux protocol for slice cultures (Paper I and II)*

The slices were incubated for 30 minutes in serum-free medium followed by another 30 minutes period of incubation in ACSF before the beginning of the efflux experiments. The efflux experiments were carried out by transferring the inserts with the slices to a 6 well plate kept in a water-bath set at 36 °C (for details see (Tranberg et al. 2004). The atmosphere inside the plate was kept at 60 % O<sub>2</sub>, 35 % N<sub>2</sub> and 5 % CO<sub>2</sub> by directing a flow of gas into a water filled container inside the plate and performing the incubation with the lid on. All solutions were equilibrated with a gas-mixture of 60 % O<sub>2</sub>, 35 % N<sub>2</sub> and 5 % CO<sub>2</sub> (Pomper et al. 2001). The efflux experiments were carried out by incubating the slices with ACSF (400 µl) on top of the membrane for 5 min. The fluid was then removed and filtered before immediate HPLC analysis or storage in – 20 °C (maximally two weeks). This incubation procedure was repeated 9 times (45 min in total) with Ca<sup>2+</sup> omission during the 5, 6 and 7th incubation periods (20-35 min). All inhibitors were present during the second 30 minutes preincubation period and the whole incubation period (50 min in total before Ca<sup>2+</sup> removal). After the experiments, the slices were cultured in culture medium with added propidium iodide (PI). When NMDA-stimulation was used instead of Ca<sup>2+</sup>- omission, 60 µM NMDA was added during the fifth incubation.



**Fig 1.** Time scale of efflux experiments in combination with analysis of delayed nerve cell death in cultured hippocampal slices. (PI, propidium iodide)

#### *Efflux protocol for primary cell cultures (Paper III and IV)*

The efflux protocol for the primary cell cultures resembles the protocol for the organotypical slices with a few modifications. The cells were incubated in ACSF for 30 minutes before the start of the experiment. Inhibitors used in the experiments were added during this incubation.

The experiments were carried out by incubating the cells with ACSF or ACSF/  $0\text{Ca}^{2+}$  (400  $\mu\text{l}$ ) for 10 min. The fluid was then removed and filtered before immediate HPLC analysis or storage in  $-20\text{ }^{\circ}\text{C}$  (maximally two weeks). The incubation procedure was repeated 7 times (70 min in total) with  $\text{Ca}^{2+}$  removal occurring during the fourth and fifth incubation period. All inhibitors were present during a 30 min preincubation period and the whole incubation period (60 min in total before  $\text{Ca}^{2+}$  removal). All solutions were equilibrated with a gas-mixture containing 5 %  $\text{CO}_2$  to reach a pH of  $\sim 7.4$ . Thereafter, all solutions were put in an incubator in a humidified atmosphere of 95% air and 5%  $\text{CO}_2$  at  $36.5\text{ }^{\circ}\text{C}$  for at least 30 min. After the seventh incubation, the cells were scraped in to 800  $\mu\text{l}$  of 0.3 M  $\text{HClO}_4$  and sonicated. After centrifugation at 11000 g the supernatant was removed and filtered (Acrodisc, 0.2  $\mu\text{m}$ , Pall Corporation, Ann Arbor, MI, USA).

Comments on the efflux models:

These protocols for measuring efflux offer an easy way of measuring release of substances from cells and slice cultures and it offers an opportunity to measure both efflux and delayed cell death. It is easy to gain access to all of the cells when using cell cultures. However, when it comes to slice cultures attention must be paid to ensure that the incubation time is long enough to let inhibitors and other drugs penetrate the slice. It is also difficult to assess whether it is possible to gain access to the inner part of the slice or if the resulting efflux originates from the outer cell layers only. An additional drawback with this method is the low temporal resolution that, in combination with the large incubation volume used in the experiments, makes it difficult to follow quick changes in efflux rates.

*Determination of intracellular concentrations of glutathione and amino acids: (Paper IV)*

Intracellular glutathione and amino acids were extracted after the efflux experiments by addition of 400  $\mu\text{l}$  of 0.3 M  $\text{HClO}_4$  to the wells. The cells were scraped off the bottom of the well and the samples were sonicated. After centrifugation at 11000 g the supernatant was removed and filtered (Acrodisc, 0.2  $\mu\text{m}$ , Pall Corporation, Ann Arbor, MI, USA). The supernatant was used to determine the cellular content of glutathione and amino acids.

## *Evaluation of cell toxicity*

### **Propidium iodide uptake assay (Paper I and II)**

To evaluate cell toxicity in the slice cultures, we used propidium iodide uptake as a measurement of cell death. Propidium iodide is a cell impermeable dye that becomes fluorescent when it binds to DNA. It does not enter cells with intact plasma membranes and therefore the amount of fluorescence can be correlated to the amount of cell damage. Propidium iodide was added (final concentration of 2  $\mu\text{M}$ ) to the slice cultures 24 h prior to the efflux experiment. Before starting the experiments, the slices were photographed using a digital camera (Olympus DP50) coupled to an inverted fluorescence microscope (Olympus IX70) equipped with a rhodamine filter. Photographs were captured using Studio Lite and View Finder Lite software (Pixera Corporation, Los Gatos, USA). To calculate cell death in the slices, the slices were photographed again 24 h after the experiments and the photographs were converted to grayscale. Then the CA1, CA3 areas and part of the background ( $\sim 10\%$  of total) were encircled and the fluorescence intensity of each area was measured by Scion Image software (Scion Corporation, Frederick, MI, USA). The fluorescence intensities obtained in slices before the efflux experiments were subtracted before calculation as described earlier (Tranberg et al. 2004). The fluorescence intensity measured 24 h after adding 300  $\mu\text{M}$  NMDA to the culture medium was used as a value of maximal nerve cell death (Vornov et al. 1998). Histologic degeneration has been shown to be limited to neurons 24 h after NMDA exposure and consistent with the PI staining (Vornov et al. 1991). The fluorescence intensity in incubated slices above that of controls (i.e. non-incubated slices), was expressed as the percentage of maximum fluorescence intensity. The formula used for calculating the percentage of maximum fluorescence intensity was as follows:

$$\text{Fluorescence intensity (\% of max)} = ((\text{Incubated} - \text{Control}) / (\text{Max} - \text{Control})) * 100$$

where

*Incubated* = the fluorescence intensity in incubated slices 24 h after the efflux experiments,

*Max* = fluorescence intensity in slices subjected to 300  $\mu\text{M}$  NMDA for 24 h,

*Control* = fluorescence intensity of non-incubated slices 24 h after the efflux experiments.

The observed cell death after NMDA-treatment correlated well with a decrease in the neuronal amino acids GABA and N-acetylaspartate.

Comments:

The use of propidium iodide as a marker of cell death has been thoroughly evaluated and has been found to correlate well with other methods of cell death determination (Noraberg et al. 1999). This method allows for an analysis of the regional differences in vulnerability in the hippocampus, since fluorescence in the different layers of hippocampus can be calculated separately.

However, uptake of propidium iodide has also been used to measure channel/pore opening in the plasma membrane (Hur et al. 2003; Kondo et al. 2000). This could possibly lead to an over-estimation of the cell death when used in an experimental paradigm that includes opening of channels in the membrane. In the studies in this thesis, this has been avoided by excluding the propidium iodide during the experimental conditions that facilitates channel opening and by subtracting the pixel intensity of the slice-photos taken before incubation from the photos taken after the experiment.

#### **Lactate dehydrogenase-release assay (Paper III and IV)**

To evaluate cell toxicity in primary astrocyte cultures during the efflux experiment, lactate dehydrogenase (LDH) release was measured and analyzed using the cytotoxicity detection kit (Roche Diagnostics, Germany). This colorimetric assay measures the activity of lactate dehydrogenase, a cytosolic enzyme, which is released by cells with damaged plasma membranes. The amount of enzymatic activity detected in the culture supernatant correlates to the amount of lysed cells. The percentage of cytotoxicity was calculated as follows:

$$\text{Cytotoxicity (\%)} = (\text{sample LDH amount} - \text{background control}) / (\text{total LDH amount} - \text{background control}) * 100$$

where

*sample LDH amount* = absorbance in culture supernatant

*background control* = absorbance in culture medium

*total LDH amount* = absorbance in sample where all cells have been lysed with Triton X-100 (2%) + *sample LDH amount*

#### Comments:

Lactate dehydrogenase is a cytosolic enzyme that is present in large amounts in the cells and is easily released upon damage of the plasma membrane. It is a relatively stable enzyme and the use of 96-well plates and a plate reader allows for the rapid screening of a large number of samples. The spontaneous release of lactate dehydrogenase is lower than for other enzymes used in cytotoxicity assays (Korzeniewski and Callewaert 1983). It has also been shown to correlate well with other methods of assessing cell toxicity/viability such as propidium iodide uptake (Noraberg et al. 1999).

#### *Protein determination*

Protein content in the cell cultures was measured using the bicinchoninic acid method (Smith et al. 1985). Determination of the protein content in the slices were carried out as described by (Whitaker and Granum 1980). In both cases, bovine serum albumin was used as standard.

#### *Statistics*

All data were expressed as mean  $\pm$  SEM and p values  $>0.05$  were considered statistically significant. When multiple values were compared, ANOVA followed by Tukeys post hoc tests were used.

## SUMMARY OF RESULTS

### *Paper I: NMDA-receptor mediated efflux of N-acetylaspartate: physiological and/or pathological importance?*

In this paper, an efflux protocol allowing investigation of changes in the extracellular chemistry in hippocampus cultures in parallel with measurement of delayed nerve cell death 24 h later is presented. Organotypical hippocampus cultures, grown on porous membranes, are incubated with artificial cerebrospinal fluid on top of the membrane in 5 min fractions (Paper I, Fig. 1). Incubating the slices with fluid on top of the membrane, instead of below, speeds up diffusion of released substances, NMDA and inhibitors. Stable efflux rates were obtained incubating the slices in a gas mixture containing 60 % O<sub>2</sub> / 5% CO<sub>2</sub>.

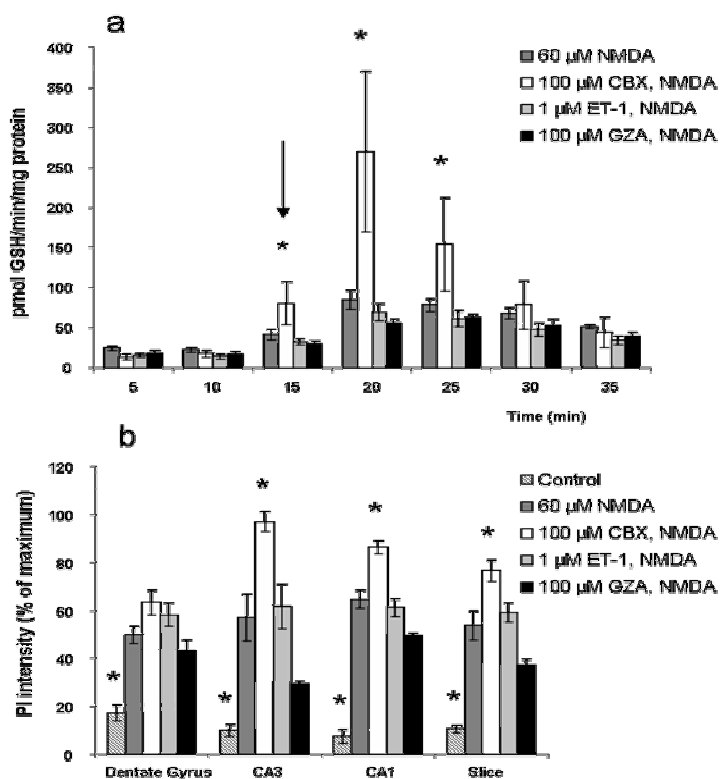
Using this setting, incubation of cultured hippocampal slices in artificial cerebrospinal fluid containing 60 μM NMDA for 5 min caused a pronounced delayed efflux of glutathione, N-acetylaspartate and phosphoethanolamine. Addition of NMDA also generated an increased efflux of taurine and hypotaurine, while the efflux rates of amino acids such as glutamate, aspartate and asparagine remained unchanged (Paper I, Fig. 2). The efflux peaked after NMDA was omitted from the medium and lasted throughout the remaining sample period (25 min).

Incubation of slices in the NMDA-receptor antagonist MK-801 (30 μM) completely abolished the efflux. Both addition of kainate (300 μM) and incubation in high K<sup>+</sup> (50 mM) failed to generate a significant efflux of N-acetylaspartate. The NMDA-induced efflux of N-acetylaspartate, glutathione and amino acids was totally dependent on extracellular Ca<sup>2+</sup> (Paper I, Fig. 4).

Transient application of NMDA (30 μM and above for 5 min) caused a delayed neurotoxicity, detected by propidium iodide staining. The cell damage increased gradually with time, reaching significant cell damage in the CA1 area after 8 h. Treatment with 300 μM kainate for 5 min induced an injury similar to treatment with 60 μM NMDA while incubation in high K<sup>+</sup> (50 mM) for 5 min was non-toxic after 24 h (Paper I, Fig. 5).



*Additional data on NMDA-receptor mediated efflux*

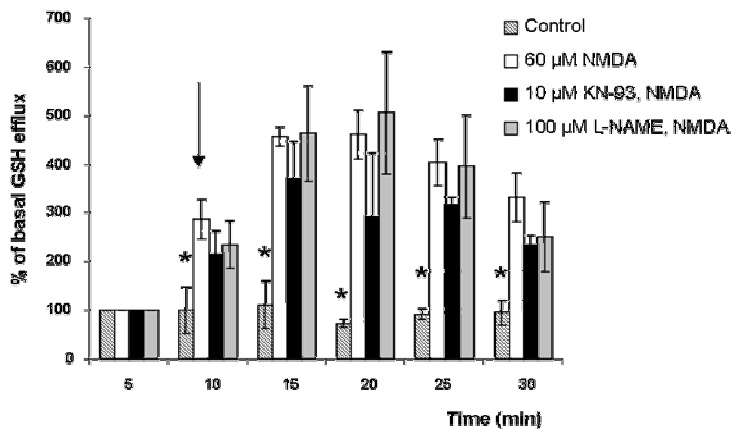


**Fig 2a:** Efflux of glutathione induced by 5 min incubation in 60 μM NMDA was greatly enhanced by carbenoxolone (CBX), but not by endothelin-1 (ET-1). NMDA was applied for 5 min (10-15 min, see arrow). Star mark significant difference from treatment with 60 μM NMDA for 5 min.

**b:** Incubation with CBX also generated an increase in cell damage 24 h after NMDA application. This increase in delayed cell death was not observed by treatment with ET-1

The efflux of glutathione is likely neuronal as it is paralleled by N-acetylaspartate. The pathway for efflux is still unknown but it is not likely to be due to opening of connexin or pannexin hemichannels as neither carbenoxolone nor endothelin-1 reduced efflux. Interestingly, carbenoxolone potentiated both the efflux and the cellular damage induced by brief NMDA exposure.

Since the NMDA-receptor mediated efflux was dependent of  $Ca^{2+}$ -influx, the slices were incubated with KN-93 (10 μM) to investigate the involvement of  $Ca^{2+}$ /calmodulin-dependent kinase II (CaMKII). The slices were also incubated with L- $N^G$ -Nitroarginine methyl ester (L-NAME, 100 μM), an inhibitor of neuronal NO-synthase in an attempt to pinpoint the signalling pathway downstream of NMDA-receptor activation. Neither of the two inhibitors showed any significant effect on the efflux.



**Fig 3.** Inhibitors of CaMKII (KN-93) or NO-synthase (L-NAME) did not alter the glutathione efflux stimulated by NMDA-receptor activation in cultured hippocampal slices. NMDA was applied for 5 min, see arrow. Star mark significant difference from treatment with 60 μM NMDA for 5 min.

*Paper II: Stimulated efflux of amino acids and glutathione from cultured hippocampal slices by omission of extracellular  $Ca^{2+}$ : likely involvement of connexin hemichannels*

Incubation of cultured hippocampus slices for 15 min in artificial cerebrospinal fluid (ACSF) without added  $Ca^{2+}$  generated an increase in the efflux rates of glutathione, phosphoethanolamine, taurine and hypotaurine while the efflux of glutamate and valine remained unchanged (Paper II, Fig. 1 and 2). If both major divalent cations ( $Ca^{2+}$  and  $Mg^{2+}$ ) were omitted from the incubation medium, the efflux of glutathione and amino acids was dramatically increased. In addition to the increased efflux, omission of both  $Ca^{2+}$  and  $Mg^{2+}$  elicited an efflux of glutamate, which was not detected after omitting  $Ca^{2+}$  alone (Paper II, Fig. 3).

The efflux induced by  $Ca^{2+}$  omission was inhibited by several different types of gap junction/hemichannel blockers including endothelin-1 and the Cx43 mimetic peptide Gap26, but the pannexin mimetic peptide  $^{10}Panx1$  did not affect on the increased efflux rates (Paper II, Fig. 5). Inhibition of P2X<sub>7</sub>-receptors also failed to decrease the efflux induced by  $Ca^{2+}$  omission (Paper II, Fig. 6).

To address the cellular origin of the efflux, experiments were carried out on slice cultures that had undergone extensive neurodegeneration. Efflux from these slices was unchanged compared to that from normal slice cultures, indicating that the detected efflux is of non-neuronal origin (Paper II, Fig. 7).

Incubation in ACSF without added  $\text{Ca}^{2+}$  for 15 min did not affect the viability of the slice cultures. However,  $\text{Ca}^{2+}$  omission in combination with inhibited glutamate uptake resulted in increased extracellular glutamate and delayed cell damage (Paper II, Fig. 8). The pattern of cell damage correlates well with the pattern obtained after NMDA-receptor over activation, observed in paper I, and is most likely a result of extracellular glutamate causing over-activation of NMDA-receptors.

*Paper III: Stimulated efflux of adenosine via astroglial connexin hemichannels*

The main result in this study was the finding that astrocytes in culture release adenosine after 15 minutes of stimulation with  $\text{Ca}^{2+}$ - free artificial cerebrospinal fluid (Paper III, Fig. 1b). An increased efflux was also detected for hypoxanthine while the efflux rates of xanthine and inosine were not significantly altered (Paper III, Fig. 1). The increased extracellular levels of adenosine was not due to extracellular breakdown of ATP, since incubation with an ectonucleotidase inhibitor (ARL 67156, 50  $\mu\text{M}$ ) did not significantly reduce the extracellular adenosine concentration (Paper III, Fig. 2b).

As in paper II, the efflux induced by  $\text{Ca}^{2+}$  omission was blocked by gap junction inhibitors, but not by blocking  $\text{P2X}_7$ -receptors (Paper III, Fig. 2b).

*Paper IV: Characterization of glutathione efflux from astroglial connexin hemichannels*

This study focus on efflux of glutathione from primary astrocyte cultures and effects of different extracellular  $\text{Ca}^{2+}$  concentrations, prolonged depolarisation and changed intracellular glutathione concentrations. The efflux profile after  $\text{Ca}^{2+}$  omission was similar to the efflux from cultured hippocampus slice presented in paper II, except for glutamate efflux that was increased in the astrocyte cultures (Paper IV, Fig. 1). As in paper II and III, the stimulated efflux by omission of  $\text{Ca}^{2+}$  was not affected by the  $\text{P2X}_7$ -receptor inhibition (Brilliant Blue G, 100 nM), but inhibited by the gap junction blocker carbenoxolone (100  $\mu\text{M}$ ) and the Cx43 mimetic peptide Gap26 (300  $\mu\text{M}$ ) (Paper IV, Fig. 2).

The threshold concentration of  $\text{Ca}^{2+}$  for inducing stimulated efflux was found to be 0.1 mM as glutathione efflux was observed at 0.1 mM  $\text{Ca}^{2+}$  but not at 0.2 or 0.3 mM  $\text{Ca}^{2+}$ . Depolarisation of the cultured cells by 50 mM  $\text{K}^+$  alone or in combination with 0.1 mM  $\text{Ca}^{2+}$  did not significantly change the efflux of glutathione stimulated by 0.1 mM  $\text{Ca}^{2+}$  (Paper IV, Fig. 3).

Both the basal and stimulated efflux of glutathione could be increased by adding curcumin (30  $\mu$ M) to the culture medium. Curcumin is a potent activator of the transcription factor Nrf2 which in turn stimulates the transcription of a number of antioxidant genes. Inhibition of the glutathione synthesis with buthionine sulfoximine (BSO) led to the opposite effect, i.e. a marked reduction of the basal and stimulated efflux after  $\text{Ca}^{2+}$  omission in addition to the lowered intracellular levels of glutathione (Paper IV, Fig. 4).

## DISCUSSION

### *Efflux routes*

The results presented in this thesis are based on analysis of the extracellular neurochemistry. Elevated concentrations are interpreted as reflecting mainly efflux, although reduced uptake may contribute to increased levels of some substances (see further below). This assumption is based on the fact that all analysed substances have a high intra- to extracellular ratio. The first part of the results concerns a mainly neuronal efflux pathway mediated via activation of the NMDA-receptor and the second part deals with an efflux of astroglial origin elicited by reduced extracellular  $\text{Ca}^{2+}$  concentrations.

### **The different efflux profiles- what comes out and what doesn't?**

In paper I we showed that NMDA-receptor activation elicited an efflux dominated by the neuronal amino acid derivate N-acetylaspartate, glutathione, phosphoethanolamine and taurine and hypotaurine while increased efflux was not detected for amino acids such as glutamate, asparagine and aspartate. To exclude the possibility that the efflux was merely a consequence of plasma membrane disruption, the efflux pattern after NMDA-receptor stimulation was compared to that of cells treated with water for 5 min. Incubation with water caused a massive efflux of glutamate and at least ten more UV absorbing peaks were detected showing that NMDA-mediated efflux is selective compared to membrane burst.

Omission of extracellular  $\text{Ca}^{2+}$  was similar to the NMDA-receptor activation in that it also caused an increased efflux of glutathione, phosphoethanolamine, taurine and hypotaurine from cultured hippocampal slices (paper II). However, unless both  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  were omitted from the incubation medium, no efflux of N-acetylaspartate could be detected. No increased glutamate efflux was observed after  $\text{Ca}^{2+}$ -omission in the slices, but when primary astrocyte cultures were subjected to reduced extracellular  $\text{Ca}^{2+}$ -concentrations, a pronounced glutamate efflux could be detected (paper IV). The use of a glutamate uptake blocker, L-trans-pyrrolidine-2,4-dicarboxylate (PDC), in the incubation medium of the slices resulted in elevated extracellular glutamate levels (paper II). This indicates that glial cells in the slice do release glutamate in response to reduced extracellular  $\text{Ca}^{2+}$ -concentrations, but that the uptake machinery is efficient enough to prevent elevated extracellular concentrations in the slice model. When incubating the slices with another glutamate uptake blocker, DL-threo- $\beta$ -benzyloxyaspartic acid (TBOA), extracellular glutamate was only increased when both  $\text{Ca}^{2+}$

and  $Mg^{2+}$  were omitted. This apparent discrepancy is not easy to explain, but it may relate to the different pharmacotoxic profiles of the uptake blockers (Martin et al. 2005). Due to the fact that PDC is a transportable inhibitor of glutamate uptake, it can be argued that the increase in extracellular glutamate is caused by heteroexchange (Waagepetersen et al. 2001). In our slice system, however, heteroexchange is not likely to be the cause of glutamate efflux during  $Ca^{2+}$ -omission as no effect was observed on baseline glutamate levels when the slices were incubated in PDC.

In primary astrocyte cultures, a significant efflux of adenosine was also detected after omission of extracellular  $Ca^{2+}$ . This efflux was not significantly reduced by inhibition of ectonucleotidase activity by incubation with ARL-67156, indicating that the detected increase in extracellular adenosine not primarily originates from extracellular breakdown of ATP.

**NMDA-receptor mediated efflux is not likely to be a hemichannel mediated process.**

The pathway mediating the NMDA-receptor activated efflux, presented in paper I, is still elusive, but highly interesting as this efflux correlated well with neurotoxicity 24 h later. The efflux is dependent on  $Ca^{2+}$  influx via NMDA-receptors since both addition of the NMDA-receptor blocker MK-801 and omission of extracellular  $Ca^{2+}$  from the medium inhibited the efflux. In an earlier study performed by our group, the efflux of glutathione after NMDA-receptor activation was abolished when the protein kinase C inhibitor polymyxin B was added to the slices (Wallin et al. 2003). However, other protein kinase inhibitors such as staurosporine or H9 showed no effect indicating that the effect of polymyxin B was not due to inhibition of protein kinase C. Polymyxin B has been reported to affect not only protein kinase C but also  $Ca^{2+}$ -activated  $K^{+}$ -channels and calmodulin (Hegemann et al. 1991; Varecka et al. 1987; Weik and Lonnendonker 1990). In the same study, it was shown that inhibition of calmodulin attenuates the efflux after NMDA-receptor activation. Calmodulin stimulates several enzymes including  $Ca^{2+}$ /calmodulin dependent kinase II (CaMKII), calcineurin and neuronal NO-synthase (Abu-Soud et al. 1994; Walters and Johnson 1988). Inhibition of two of the downstream enzymes in the calmodulin signalling pathway, neuronal NO-synthase and CaMKII, however, proved to have no effect on the NMDA-receptor mediated efflux of glutathione (Fig. 3).

Efflux of amino acids have been reported after opening of VRACs (Kimelberg et al. 1990). The efflux pattern generated by hypoosmotic medium is, however, different from both efflux

types described in this thesis in that the predominant compound released during hypoosmotic conditions is taurine. To test for the possibility of efflux being induced by cell swelling, both experimental paradigms were carried out in hyperosmotic medium (120 and 240 mM sucrose). Since incubation in hyperosmotic medium did not block neither the NMDA-receptor mediated efflux nor the efflux induced by  $\text{Ca}^{2+}$ -omission, it is unlikely that swelling induced efflux contributes to the observed changes in extracellular composition.

A potential candidate for mediating the NMDA-receptor activated efflux is the pannexin hemichannel (see section in introduction). A recent study, using acutely isolated hippocampal neurons, has shown that ischemia opens a type of channel with pharmacological and electrophysiological characteristic of pannexin hemichannels (Thompson et al. 2006). Pannexin-1 is expressed in pyramidal neurons and pannexin hemichannels are capable of mediating efflux of substances in the same size range as connexins (Bao et al. 2004; Bruzzone et al. 2005; Bruzzone et al. 2003).

However, blocking putative connexin and/or pannexin hemichannels in the slices using carbenoxolone or endothelin-1 did not inhibit the efflux elicited after NMDA-stimulation (Fig 2a). Addition to the incubation medium of carbenoxolone, which potently inhibits both connexin and pannexin channels (Bruzzone et al. 2005; Davidson and Baumgarten 1988; Goldberg et al. 1996; Locovei et al. 2007), did instead increase the efflux drastically. Incubation with carbenoxolone during the efflux experiment (75 min in total) also increased the delayed cell death in the slice 24 h after the NMDA-stimulation. Whether this effect is related to blocking gap junctions/hemichannels in the slice or not is unknown. Carbenoxolone has been shown to accelerate NMDA-induced cell death in co-cultures of hippocampal neurons and astrocytes (Zundorf et al. 2007). Although carbenoxolone is supposed to lack effects on neuronal excitability according to one study (Kohling et al. 2001), it has been shown to cause an increase in action potential threshold in cultured neurons (Rouach et al. 2003). Other reports show effect of carbenoxolone on several ion channels and receptors including voltage-gated  $\text{Ca}^{2+}$ -channels (Armanini et al. 2003; Salvi et al. 2005; Vessey et al. 2004). Conclusions from results obtained with carbenoxolone as the only gap junction/hemichannel blocker must therefore be drawn with caution.

Glutamate-receptor induced opening of  $\text{Ca}^{2+}$ -dependent chloride channels permeable for larger substances such as acetate and methanesulphonate has been demonstrated in cultured

cortical neurons (Backus and Trube 1993). These channels could potentially be the mediators of the NMDA-receptor mediated efflux, but due to a lack of specific pharmacological tools the contribution of  $\text{Ca}^{2+}$ -dependent chloride channels has not yet been evaluated.

**Evidence in support of connexin hemichannels as the mediators of efflux stimulated by  $\text{Ca}^{2+}$ -omission.**

The efflux induced by  $\text{Ca}^{2+}$ -omission is, as shown in paper II, strictly dependent on the absence of extracellular divalent cations. Omission of both major divalent cations ( $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ ) from the incubation medium, however, caused a dramatic enhancement of the glutathione efflux. When  $\text{Ca}^{2+}$  was substituted by  $\text{Mg}^{2+}$  in the incubation medium, no increased efflux of glutathione could be detected. These results of the cation dependency fit well with other studies on regulation of connexin hemichannels by extracellular divalent cations (Ebihara et al. 2003; Ye et al. 2003).

Other pieces of evidence supporting the theory that connexin hemichannels are the channels responsible for the efflux induced by  $\text{Ca}^{2+}$ -omission comes from the inhibitory effects of a battery of gap junction/hemichannel inhibitors. In paper II to IV, we show that the conventional gap junction/hemichannel blocker carbenoxolone and flufenamic acid blocks the efflux while the structural analogue of carbenoxolone, glycyrrhizic acid, have no effect. In addition to the conventional blockers the endogenous peptide endothelin-1, which has been shown to inhibit gap junction coupling by acting on the intrinsic signalling pathways (Blomstrand and Giaume 2006; Blomstrand et al. 1999; Blomstrand et al. 2004), blocks the efflux to a similar extent as carbenoxolone and flufenamic acid.

The use of connexin and pannexin mimetic/blocking peptides allowed us to further characterize the efflux pathway. Connexin mimetic peptides were originally designed to mimic the docking gate of gap junction channels and were used in attempts to define the functional domains of different connexins (Dahl et al. 1994). The Gap26 peptide contains amino acids 64-76 of the first extracellular loop of Cx43 and has been shown to specifically inhibit hemichannels when applied for 30 min at 0.25mg/ml (~160  $\mu\text{M}$ ) (Braet et al. 2003; Leybaert et al. 2003). Gap junction blocking effects by mimetic/blocking peptides are achieved first after prolonged incubation periods, if they are achieved at all (Leybaert et al. 2003; Wang et al. 2007). It is speculated that this might be because the peptides interfere with the formation of new gap junction channels rather than blocking already existing ones (Evans



and Boitano 2001). The connexin mimetic Gap26 peptide has in several other studies shown to inhibit hemichannel mediated processes such ATP efflux induced by  $\text{Ca}^{2+}$ -omission from endothelial cells in cornea (Gomes et al. 2005) and dye uptake induced by oxygen-glucose deprivation in cardiac myocytes (Shintani-Ishida et al. 2007). The use of the pannexin mimetic peptide,  $^{10}\text{Panx1}$ , is based on the same principles as the use of the connexin mimetic peptides. It is a ten amino acids long peptide that has been used to potently inhibit  $\text{P2X}_7$ -mediated dye uptake without altering other aspects of  $\text{P2X}_7$ -receptor activation in several cell lines including 1321-N1 astrocytes transfected with a rat  $\text{P2X}_7$  expression vector (Pelegrin and Surprenant 2006). In our case the effects of the peptides were clear-cut both in the cultured slices and in the primary astrocyte cultures. The connexin mimetic peptide, Gap26, inhibited the efflux as efficient as the other gap junction/hemichannel blockers used. In contrast to the effects of Gap26, incubation with the pannexin mimetic peptide  $^{10}\text{Panx1}$  did not significantly affect the efflux elicited by  $\text{Ca}^{2+}$ -omission.

Pannexin channels are only weakly affected by flufenamic acid and they are not regulated by external cations (Bruzzone et al. 2005). The finding (paper II) that efflux was induced by omission of extracellular  $\text{Ca}^{2+}$ , robustly blocked by flufenamic acid and unchanged by the pannexin mimetic peptide, indicate that pannexin hemichannels are less likely candidates for mediating the efflux of glutathione and amino acids caused by reduced extracellular  $\text{Ca}^{2+}$ -concentrations.

Purine receptors of the  $\text{P2X}_7$ -type are ionotropic receptors activated by ATP. These receptors show response amplification in solutions with low concentrations of divalent cations (Bianchi et al. 1999; North and Surprenant 2000) and there have been reports on possible cross-reactivity with conventional gap junction/hemichannel blocking agents (Suadicani et al. 2006). Therefore it was important to evaluate  $\text{P2X}_7$ -receptor involvement in the efflux caused by reduced extracellular  $\text{Ca}^{2+}$ -concentrations. Two different  $\text{P2X}_7$ -receptor inhibitors, oxidized ATP and Brilliant Blue G, were employed in the efflux experiments in paper II to IV and neither of them inhibited the efflux of glutathione. Strangely, in the slice studies, we found a slight, but significant, potentiation of the efflux both by incubation with the  $\text{P2X}_7$ -receptor agonist 3-O-(4-benzoylbenzoyl)ATP (BzATP) and by the antagonist oxidized ATP. The stimulating effect of the antagonist is confusing, but effects on transporter functions by oxidized ATP have been reported previously and can not be ruled out as possible explanations for the observed change in efflux (Henke et al. 1998). No potentiating or inhibitory effects by

P2X<sub>7</sub>-receptor inhibition using BBG were observed in the primary astrocyte cultures (paper III and IV). Overall the data strongly favour that P2X<sub>7</sub>-receptor activation is not involved in the efflux pathway stimulated by omission of extracellular Ca<sup>2+</sup>.

In conclusion, astroglial hemichannels are the most plausible candidates for mediating the efflux stimulated by a reduction in extracellular Ca<sup>2+</sup>-concentrations. This interpretation is supported by the fact that astrocytes express high levels of Cx43 while the pannexin expression in the hippocampus is localized mainly to post synaptic structures (Huang et al. 2007; Zoidl et al. 2007).

### **Possibility of combined efflux pathways**

Omission of both Ca<sup>2+</sup> and Mg<sup>2+</sup> caused an efflux of N-acetylaspartate from cultured slices, as observed after NMDA-receptor stimulation (paper II). Interestingly, efflux of N-acetylaspartate was also observed when omission of extracellular Ca<sup>2+</sup> was combined with the glutamate uptake blocker PDC. During both of these situations the extracellular glutamate concentrations increase most likely due to hemichannel opening. A likely scenario is that the increased extracellular glutamate levels activate NMDA-receptors in the slice and thereby initiates the NMDA-receptor mediated efflux described in paper I. This could explain why the increased efflux of N-acetylaspartate is not observed during Ca<sup>2+</sup>-omission only.

During efflux mediated by Ca<sup>2+</sup>-omission in the slices, there was a small residual efflux after blocking the hemichannels with carbenoxolone (paper II). This residual efflux was not observed in the slices that had undergone neuronal degeneration caused by prolonged NMDA-treatment (paper II) or in the astrocyte cultures (paper IV) which indicates a neuronal component of the efflux induced by Ca<sup>2+</sup>-omission that is not mediated by connexin or pannexin hemichannels. This putative neuronal efflux pathway is unknown but it should be pointed out that reduction in extracellular Ca<sup>2+</sup> can have effects on other transport pathways. For example, it has been demonstrated that omission of extracellular Ca<sup>2+</sup> elevates extracellular taurine by interaction with the carrier system (Molchanova et al. 2005).

*During which physiological/pathological circumstances are these efflux pathways activated?*

One fundamental issue concerning hemichannel opening *in vivo* is if extracellular Ca<sup>2+</sup> - concentrations can be reduced to levels that stimulate opening.

In the mammalian brain, external  $\text{Ca}^{2+}$ -concentrations range between 1.5 to 2.0 mM (Hansen 1985). The intracellular concentrations, on the other hand, are as low as 50-100 nM which creates an outside-to-inside gradient of 15000-40000:1. Activation of processes that causes  $\text{Ca}^{2+}$ -entry into the cells, for instance activation of receptors permeable to  $\text{Ca}^{2+}$ , can cause dramatic fluctuations in extracellular  $\text{Ca}^{2+}$ -concentrations. As an example, ionophoretic application of glutamate in rat motor cortex generates a decrease in extracellular  $\text{Ca}^{2+}$  from a baseline level of 1.25 to 0.08 mM (Pumain and Heinemann 1985). This decrease is most likely caused by a translocation of  $\text{Ca}^{2+}$  from the extracellular space into the cytosol and was found to be mostly due to voltage-dependent  $\text{Ca}^{2+}$ -channels. During anoxia, the external  $\text{Ca}^{2+}$  levels in murine cortex have been reported to drop down to 0.06 mM (Hansen and Zeuthen 1981). From computer-based simulations it seems likely that physiological activity can generate changes in extracellular  $\text{Ca}^{2+}$  well within the limits of what has been used to open connexin hemichannels *in vitro* (Egelman and Montague 1999). This is supported by the development of new  $\text{Ca}^{2+}$ -sensitive electrodes, which shows that earlier techniques for measuring extracellular  $\text{Ca}^{2+}$  -concentrations greatly underestimates the earlier reported changes in  $\text{Ca}^{2+}$ - concentrations (Fedirko et al. 2006). In our studies, we find significant efflux of glutathione after incubating astrocyte cultures in 0.1 mM  $\text{Ca}^{2+}$ , but this concentration did not cause efflux in the slice model.

A plausible explanation for the discrepancy of extracellular  $\text{Ca}^{2+}$ -thresholds observed in our studies is that the astroglia cells in the monolayer are directly subjected to the new  $\text{Ca}^{2+}$ -concentrations in the ACSF whereas it takes time to reduce the  $\text{Ca}^{2+}$ -concentrations in the interior of the cultured slice. It is therefore likely that the  $\text{Ca}^{2+}$ -concentrations inside the slice are considerably higher than in the incubation medium which may give a falsely high threshold for stimulation of hemichannel opening.

There are several studies presenting evidence of connexin hemichannels opening under physiological circumstances (Bruzzone et al. 2001; Kamermans et al. 2001; Plotkin and Bellido 2001). For example, expression of Cx43 was shown to regulate cell volume in response to fluctuations in extracellular physiological  $\text{Ca}^{2+}$  (1.8 to  $\leq$  1.6 mM) in an otherwise isoosmotic situation (Quist et al. 2000). One interesting finding in this context is that both carbenoxolone and endothelin-1 significantly reduced the basal efflux of glutathione (paper II), which may be indicative of hemichannel activity under physiological concentrations of extracellular  $\text{Ca}^{2+}$ .

### **Localized fluctuations in $\text{Ca}^{2+}$ in the vicinity of signalling glutamatergic neurons**

In brain, the extracellular space is confined to narrow clefts of 20-50 nm width located between the densely packed neurons and glial cells (Vanharreveld et al. 1965). In acute hippocampus slices stimulation of the Schaeffer collaterals have been shown to generate decreases in extracellular  $\text{Ca}^{2+}$  of about -0.15 mM in standard artificial cerebrospinal fluid (Fedirko et al. 2007). These data indicates that in the extracellular space surrounding active synapses calcium concentrations can drop fast and may, highly speculative, facilitate hemichannel opening in an activitydependent manner.

#### *Possible physiological/pathophysiological roles of efflux mediated by $\text{Ca}^{2+}$ -omission.*

In paper II, we show that the combination of reduced extracellular  $\text{Ca}^{2+}$  with inhibition of the glial glutamate transporters caused a delayed cell damage with the characteristic pattern of excitotoxic injury. The combination of low extracellular  $\text{Ca}^{2+}$  and impaired glutamate uptake occur *in vivo* for example during anoxia as discussed above (Hansen and Zeuthen 1981). Indeed, opening of neuronal hemichannels have been proposed to participate in the neurodegenerative process in excitotoxicity (Thompson et al. 2006). The use of hemichannel specific antagonists (the mimetic peptides may be the best choice available) *in vivo* would be very interesting in order to evaluate the isolated contribution of hemichannels and not the combined effect of both hemichannels and gap junctions, as is the case with the use of most antagonists and connexin knock out animals.

Astrocytic export of glutathione is proposed to be a mechanism through which astrocytes can support neurons with antioxidants (Dringen et al. 1999). This efflux has mainly been attributed to multidrug resistance proteins, in particular mrp-1 (Hirrlinger et al. 2001; Hirrlinger et al. 2002b). Efflux of glutathione via hemichannels, as shown in paper II and IV and by Dringen and coworkers (Rana and Dringen 2007) may be one additional efflux pathway.

In paper III, we present evidence of hemichannel mediated increase in the extracellular levels of another neuroactive compound, adenosine, in addition to glutamate and glutathione. Adenosine is a neuromodulatory compound which reduces glutamate release via presynaptic A1 receptors (Arrigoni et al. 2005; Fowler 1990). The extracellular levels of adenosine have previously been thought to mainly originate from extracellular breakdown of ATP, but in

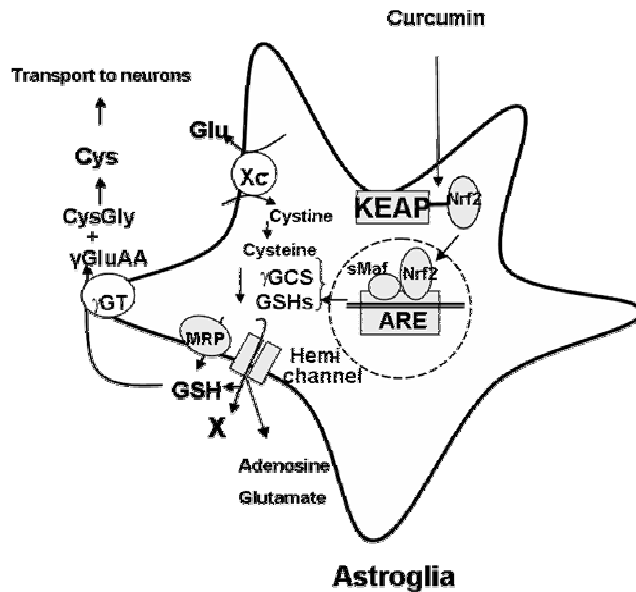
paper III we showed that the increase in extracellular adenosine stimulated by  $\text{Ca}^{2+}$ -omission was insensitive to inhibition of ectonucleotidase activity. The efflux of adenosine showed the same characteristic features as the efflux of glutathione induced by  $\text{Ca}^{2+}$ -omission, i.e. it is blocked by extracellular divalent cations, carbenoxolone and Gap26, while inhibition of P2X<sub>7</sub>-receptors have no effect on the efflux. Unfortunately, it was not possible to evaluate the effect of the pannexin mimetic peptide in this setup due to interference with the UV-absorbance detection method.

From a functional point of view it is interesting to relate these results to a recent report from Nedergaard's group concerning a putative function of hemichannels. In that study, it was demonstrated that extracellular adenosine, suggested to originate from efflux of ATP via Cx43 hemichannels, is a key factor by which hypoxic preconditioning may reduce excitotoxicity under stroke-like conditions (Lin et al. 2008).

#### *Can these pathways be manipulated?*

Since efflux of both glutathione and adenosine can have neuroprotective functions in the brain it would be attractive to elevate the efflux in situations which encompass neurodegeneration, i.e. after stroke and in Parkinson's and Alzheimer's diseases. Enhancing the efflux of glutathione has proven neuroprotective *in vitro*, presumably through the glutathione shuttling mechanism described in the introduction (Dringen et al. 1999). In paper IV, we show an increased efflux of glutathione from cultured astrocytes after treatment with curcumin, a substance that increase the transcription of several key enzymes in the cellular antioxidant defence system via the transcription factor Nrf2 (Balogun et al. 2003).

Some of the most potent Nrf2 activators known are plant-derived compounds present in our everyday food. The substance used in paper IV, curcumin, is for instance the active ingredient of turmeric (*Curcuma longa*) and another potent Nrf2 activator, sulphoraphane, is found in broccoli. In addition to inducing expression of enzymes in the glutathione synthesis chain, Nrf2 activation has been shown to upregulate some components in the glutathione efflux pathways, including the multidrug resistance protein-1 (Hirrlinger et al. 2002b; Shih et al. 2003). The efflux pathway stimulated by  $\text{Ca}^{2+}$ -omission does, however, not seem to be upregulated as the efflux rates of phosphoethanolamine and glutamate are unchanged by curcumin treatment (paper IV).



**Fig. 4** A schematic drawing showing the mechanism by which curcumin can increase the synthesis and export of glutathione (GSH) via the Nrf2/KEAP pathway. The astroglial contribution to the “GSH shuttle”; i.e. GSH export via hemichannels and multidrug resistance proteins (MRP) and extracellular degradation of GSH by  $\gamma$ -glutamyltranspeptidase ( $\gamma$ -GT) is depicted to the left

Nrf2 mediated stimulation of glutathione synthesis and efflux offer interesting possibilities when it comes to finding new therapeutic strategies for dealing with the consequences oxidative insults. Several studies have already confirmed the protective effects of curcumin and sulphoraphane administration in experimental ischemia and increased oxidative load (Al-Omar et al. 2006; Wang et al. 2005; Zhao et al. 2006). From a therapeutic standpoint, it is promising that the protective effects of curcumin could be achieved even when the substance is administered 24 h after the injury (Al-Omar et al. 2006). The glutathione stimulating effect of curcumin could also have implications for Parkinson’s disease, a condition thought to at least partially depend on oxidative stress caused by glutathione depletion (Jagatha et al. 2008).

*Are functional hemichannels only an artefact due to culturing?*

Most of the studies on hemichannel function have been carried out in primary cultures, connexin expressing cell lines or in *Xenopus* oocytes. The most common criticism against the concept of functional hemichannels has been the lack of evidence of functional connexin hemichannels in more *in vivo*-like preparations. Our study on hemichannel-mediated efflux in cultured hippocampus slices is a step in the direction of unravelling the question of whether functional hemichannels are present in tissues as well as in cell cultures. Further evidence of this is presented by Ransom and coworkers who showed hemichannel activity in CNS white matter by measuring glutamate release from acute preparations of optic nerve (Ye et al. 2003). A recent *in vivo*-study on astroglial control of blood flow suggests the involvement of Cx43 channels in the vasodilation signalling conduit after cortical neuronal activation (Xu et al.

2008). Even though no definite conclusions on the contributions of gap junctions and hemichannel respectively is drawn in this study, it is interesting to note that the incubation time of the mimetic peptides used is not sufficient to cause inhibition of gap junctions which would suggest effect on hemichannels primarily (Leybaert et al. 2003). To fully address the question of whether functional hemichannels are present *in vivo*, better and more selective pharmacological tools are needed. The use of connexin knock out animals presents many opportunities to study connexin functions, but the risk of affecting the entire transcriptome by knocking out connexin function complicates the interpretation of data obtained with such animals (Kardami et al. 2007).

## CONCLUSIONS

I: NMDA-receptor activation causes a  $\text{Ca}^{2+}$ -dependent efflux of glutathione, N-acetylaspartate, phosphoethanolamine and taurine, which can be correlated to the amount of delayed cell death in cultured hippocampus slices. The efflux pathway is still unknown.

II: Reduced extracellular  $\text{Ca}^{2+}$  -concentrations stimulate efflux of glutathione, glutamate, PEA, taurine, hypotaurine and adenosine from astrocytes in primary cultures and cultured hippocampus slices.

III: Efflux mediated by reduced extracellular  $\text{Ca}^{2+}$  -concentrations occurs through connexin hemichannels.

IV: The NMDA-receptor mediated efflux is most likely a pathologic response while the hemichannel-mediated efflux might have signalling and supportive functions.

V: The efflux of glutathione from astrocytes can be enhanced by activation of the nrf-2/ARE-mediated transcription signalling pathway.



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